

Phone: (606) 433-0700

Appalachian Pregnancy Care Center

Appalachian Pregnancy Care Center
193 Main Street, Pikeville, KY 41501

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Annual Baby Bottle Drive Underway

Small Change Can Make a Big Difference

Who would have ever thought that a baby bottle could help do so much more than just actually feed a baby? At the Appalachian Pregnancy Care Center baby bottles have helped do many things: share the gospel of Christ, touch hearts for Him, lead adults and teens to commitments for sexual abstinence until marriage, and certainly, feed, clothe and nurture children.

However, baby bottles can only help APCC with its various ministries when they have been filled with spare change, dollars or checks. When churches or organizations participate in the center's baby bottle fund drive, they are participating in that most glorious commandment of our Lord's – "Love your neighbor as yourself." The baby bottle



Amber, one of many volunteers at the pregnancy center, prepares baby bottles for distribution to community churches, businesses and organizations.

fund drive is an extremely important part of APCC's financial support and participation in this drive assists the center in keeping all the ministries for women with unplanned pregnancies alive.

The baby bottle fund drive runs from Mother's Day, May

8, through Father's Day, June 19. To participate call APCC at 433-0700 to request the number of baby bottles to be picked up. If needed, the bottles may be delivered to you. We are looking forward to working with you to ensure that all new life is treasured.

All About Us

The Appalachian Pregnancy Care Center provides a much-needed pregnancy counseling service to our region. Our center is located at 193 Main Street in Pikeville and was established to offer services and support for women, teens and families facing the uncertainty of unplanned pregnancies. By making help and services available to those who need it, coupled with a sense of care and compassion, the center aims to offer a viable alternative to abortion.

Last year's "Baby Bottle Brigade" was enormously successful. Along with contributions from churches, organizations, businesses and individuals, the drive yielded approximately \$41,000 to be used by the center for many of its monthly expenses and other activities conducted for our clients.

To date, the center has served 274 clients and have had over 80 babies born under the blanket of APCC.

What the Center Means to Me

By Meshala Bartley

When thinking about APCC there is only one word that comes to my mind "family". When I was pregnant with Bronx, I found out through a mutual friend about APCC and was advised that I should go in and talk to a counselor about the programs that the center offered. Just a few days later I found myself wandering into the center, feeling scared, lost, and alone.

Even though my husband and I had wanted to have children and were excited about our first child, I was still nervous. The thought of being a first time mother was frightening. I did not know what to expect and I was certainly not prepared for the changes that were about to occur to my body.

During my first visit at APCC, I immediately felt at -continued on Page 2



Meshala Bartley and her son, Bronx, feel at home at APCC. Bartley's experience as a client led her to become an intern at the pregnancy center which she fondly refers to as her "second family."

Choose Life

Kay Hammond Executive Director



Do you know that for every three babies born another baby dies in abortion?

That's 1.2 million babies each year; that's 3,300 babies every day; that's one baby every 26 seconds; and that's just in America. So, now you know...

These are some of the statistics listed on www.chooselife-usa.com.

The purpose of the Appalachian Pregnancy Care Center is to build a culture of life in Eastern Kentucky and America where all are welcomed, valued and protected, especially those who live at the mercy of others. The center has embraced the truth of God's word, that life is a precious gift from God that He alone can give, and He alone can take away.

The women we have met who have had abortions have expressed deep regret and a sense of not being able to forgive themselves. Many have found healing and have experienced forgiveness, but they have never forgotten the tragedy of the abortion of their child. Common feelings are extreme sadness, depression, grief and suicidal thoughts.

One client that participated in our PACE Program (Post Abortion Counseling Education) said she felt overwhelming despair and wondered why God had not stopped her. All the reasons that made sense before the abortion did not make sense afterwards.

We would like to provide you with the opportunity to become part of the Appalachian Pregnancy Care Center's vision of choosing life and becoming that voice for the unborn.

One of the ways you can do this is by participating in our baby bottle drive beginning Mother's Day, May 8, and ending Fathers' Day, June 19.

God Bless You!

Stitched With Love

Quilting Ministry Donates Baby Quilts

When people can wrap themselves in a quilt and feel the warmth of the quilt, they can also feel the warmth of Christ," stated Lois Huizar when talking about her quilt ministry.

Lois, who grew up in Pike County on Burning Fork of Johns Creek, was recently visiting family when her cousin, Sarah Chaffin, suggested they visit Appalachian Pregnancy Care Center where Sarah volunteers. "Looking at all those wonderful baby items and learning about all the services APCC offers," Lois expressed, "I remembered what it was like to be pregnant and a young mother in Eastern Kentucky with very little money and nowhere to turn for help. I immediately felt strongly about reaching out and helping young mothers and their children as APCC is doing."

"All quilts are unique even though they are made from a pattern. So when you give a quilt you made for someone's comfort, that person may also



(L-R) Joe and Lois Huizar with Lois's cousin, Sarah Chaffin are pictured with some of the beautiful handmade quilts created by Lois' Oklahoma quilting ministry.

be able to feel the comfort of Christ," Lois commented, sharing why she chose to donate some of her quilts to APCC. She was following in her cousin Sarah's footsteps by donating her quilts to APCC. Last year, Chaffin donated a vintage quilt made by her mother and grandmother. This quilt was used to raise funds for the center.

Lois has enjoyed an active quilt ministry for the past two years. She belongs to two quilting groups in McLoud, Oklahoma, where she presently lives. Last year some of her quilts went to Bulgaria.

Lois and her husband Joe lead an active life in their home church in McLoud. They also enjoy being with their five children and three grandchildren. The family gets together often to grill favorite foods and enjoy God's natural beauty of their surroundings. And yes, Lois admitted that she can often be found on the front porch quilting during these special times.

continued from Page 1 What the Center Means to Me

home. Even though it wasn't financial assistance that I needed from the center, I found exactly what I needed. APCC offered open ears that were willing to listen, and friends that were kind enough to give me advice.

I feel that God led me to APCC, so that I could make a difference in the lives of others, just as APCC has made a difference in my life. After giving birth to my beautiful, healthy son, I returned to col-

lege and now am completing an internship at APCC. I have a testimony to share with the clients. I can tell them how the center helped me make preparations to become a mother. I feel that Having had the best of both worlds, I have had the chance to be a client myself and now have the opportunity to work with some of the greatest people I have ever met. My wish is to give clients what APCC gave me – a second family!

Appalachian Pregnancy Care Center

2011 Board of Directors

Kay Hammond Director

Cathy Justice Chairman

Linda Crum Vice Chairman

JR Blackburn Lula Ford Bob Finch Lynette Shindler Paul Potter

Page 2 Spring 2011



Pikeville Free Will Baptist Church Hosts Baby Shower for Center

Women Active for Christ, the ladies' auxiliary group at Pikeville Free Will Baptist Church, hosted a baby shower on May 31, to benefit APCC.



The ladies of

Women Active for Christ selected the pregnancy center as their March community service project. Throughout the month, the entire congregation of Pikeville Free Will Baptist Church purchased numerous baby items including lotions, diapers, clothing and playpens for the center. APCC employees and volunteers were overwhelmed with the abundance of items donated and the many ladies who attended the shower. APCC staff truly enjoyed the hospitality shown to them.

The center would like to thank Women Active for Christ for their efforts in hosting the baby shower and for helping APCC touch the lives and hearts of those they serve.



Highland Church of Christ, Paintsville, KY, donated a crib and baby items to the Appalalchian Pregnancy Care Center following a speaking engagement presented to the church by APCC Director, Kay Hammond.

Hammond Speaks at United Methodist Women's Meeting

On Saturday, April 16, Kay Hammond, Director of Appalachian Pregnancy Care Center, spoke to United Methodist Women from the Prestonsburg District. More than thirty women met at Stone United Methodist Church in Stone, KY, for their spring business/worship meeting.

Hammond shared information with the women about the various ministries of APCC, stressing that last year alone seven abortions were prevented through the counseling efforts of the staff at the center. She further explained that the pregnancy center is only able to continue its various ministries through generous funding of organizations such as United Methodist Women.

Stone United Methodist Women's Group voted to give the day's "love offering" of approximately \$170 to APCC, and the Prestonsburg District Women's Group pledged \$300.

Center Receives Grant from Kentucky Annual Conference of the United Methodist Church

The Appalachian Pregnancy Care Center has received a grant in the amount of \$25,000 from the Kentucky Annual Conference of the United Methodist Church. Kay Hammond, APCC Director was notified of the grant funding by the Eastern Kentucky Ministries Committee and the Kentucky Annual Conference Board of Trustees.

The monies were awarded to the center to aid in meeting the ever increasing demands for services. The funds will also be used to expand the prenatal care program and to assist with expenses as APCC partners with families in pregnancy crisis situations.

The center wishes to thank the Kentucky Annual Conference of the United Methodist Church for their consideration and funding of the grant.



Lifeway Christian Store Donates Beth Moore CDs to Pregnancy Center

J.B. Hall, manager of Lifeway Christian Store in Richmond, KY, and his employees have been collecting Beth Moore CDs for several weeks. They have collected over 200 of Moore's CDs and plan to donate them to the Appalachian Pregnancy Care Center.

Beth Moore is a tremendous Christian speaker who has touched women all over the world with her thought provoking messages not only about God, but also about how women can take control of their own lives and live more fully for the God they serve.

APCC will be offering Moore's CDs free to women participating in the various ministries provided by the pregnancy center.

Mr. Hall wrote to APCC, "As God works through us, we will help people and churches know Jesus Christ and seek His Kingdom by providing biblical solutions that spiritually transform individuals and cultures."

Spring 2011 Page 3

Thank You to the Pikeville Church of Christ for Hosting the APCC Benefit Concert



(L-R) Brandon Blackburn , youth pastor, Pikeville Church of Christ , presented a check in the amount of \$3,000 to Kay Hammond, Director, and APCC Board members, Paul Potter, Cathy Justice, Linda Crum, Lula Ford, and JR Blackburn.

McVeigh Baptist Church Provides Ongoing Support

Pastor James Justice and the congregation of McVeigh Baptist Church of McVeigh, KY, believe in putting their ideas into action. After hearing Kay Hammond speak at a Pike Association WMU Meeting at Grace Baptist Church, several women from McVeigh Baptist took a proposal for supporting APCC's work back to their own church. The ladies presented their plan, which included donating materials and financial support for the center. A vote was taken and all of the congregation agreed to embrace the project.

"We've been doing this on a voluntary basis every month for the past two years," said Tammy Lee, a member of McVeigh Baptist Church. "The enthusiasm for this project has grown and grown! Once when we took diapers to the center, we were told there were no diapers and the center was in desperate need of them. God, through us, provided the diapers just when they were needed! When we shared the



Members from McVeigh Baptist Church,(L-R) Aundra Harlow and Judy Scott donate diapers and baby wipes to APCC.

story, the whole church became even more excited about our support of APCC!"

McVeigh Baptist Church believes that every mission they are involved in affects new Christians in a positive way. "We see APCC as such an important cause. When statistics show how many abortions are performed, if we can just prevent one, we feel this is more than worth our efforts!" expressed Lee. "This gives every member of our church a real sense of what following Jesus can be."

A Night of Blessings in Floyd County

In January, 2011, Janet Scott attended a WMU of the Enterprise As-

meeting of the Enterprise Association held at Allen First Baptist Church. The program for that meeting was the Appalachian Pregnancy Care Center. Kay Hammond, Executive Director, for APCC and volunteer Judy Lester shared with the ladies the ministry and work of APCC.

Scott shared the information with her pastor, Randy Osborne of Garrett First Baptist Church in Floyd County. Pastor Osborne and Ms. Scott, wanting to become more involved with APCC,

shared the information with the congregation of Garrett First Baptist. As director of Garrett's WMU, Scott organized a baby shower which was held on April 5, for the Appalachian Pregnancy Care Center. In the meantime, the congregation collected \$300 and prepared a lovely blue layette which was presented to APCC the night of the shower.

The fellowship hall of the church was filled with loving generosity and hospitality when Hammond and Lester entered. It was overwhelming to see all of the diapers, clothing, various baby items and



Garrett First Baptist Church WMU hosted a baby shower for the pregnancy center.

a beautiful pink layette to be delivered to APCC. A tasty dinner of soups, sandwiches and desserts was served to those in attendance.

What a blessing this night was for APCC, for the babies, mothers and families we serve!

Page 4 Spring 2011

Our Mission

The Appalachian
Pregnancy Care Center
exists to affirm the value
of life by providing
a network of care to
those experiencing
pregnancy-related crisis
and by compassionately
presenting Biblical truth
resulting in changed lives
to the glory of God.

Our Vision

The Appalachian Pregnancy Care Center strives to provide Christlike compassionate support to families experiencing crisis pregnancies.

Our Services

All Services are FREE

Pregnancy Testing
Earn While You Learn
Baby /Maternity Resources
Abstinence Education
Abortion Recovery
Adoption Education
Bible Studies
Counseling
Healthy Marriage
Healthy Pregnancy
Fatherhood
Parenting
Community Referrals
Community Presentations
And much, much more!

Our Hours

Tuesday - Thursday 10 a.m. - 4 p.m.

Friday 10 a.m. - 8 p.m.

Contact Us

(606) 433-0700 apcc@setel.com Visit us on the web @ www. appalachianpregnancycare.com



Heartfelt Thanks To Inez First Baptist Church

On a beautiful, sunny, Sunday afternoon, Appalachian Pregnancy Care Center Director, Kay Hammond and volunteer Iudy Lester traveled to Inez, KY. The WMU director of Inez First Baptist Church, Aurelia Howard had organized a baby shower for APCC. Approximately 35 representatives from the church were gathered in the church's fellowship hall, which was decorated in a baby shower theme. Baby quilts, blankets, diapers, clothing and numerous other items covered one corner of the room and a delicious lunch awaited the guests in the opposite corner.

Pastor Brian Owens welcomed everyone and during his talk expressed his love for children by sharing that he and his wife are the parents of four foster children. He then blessed the food

and introduced the guests from APCC. Lunch was served and a delicious cake, baked and decorated by Teresa Howard, was enjoyed by everyone. Hammond and Lester spoke to the group about the ministry and work of APCC, inviting the ladies to visit the center when in Pikeville.

The afternoon was spent in fun and fellowship, creating a bond between APCC and First Baptist Church of Inez. As the visitors traveled back to Pikeville, the trunk, backseat and every available space in the car was filled with items from the shower. The hearts of all involved were as full



Pictured is Teresa Howard, from Inez First Baptist Church, holding the baby shower cake she baked and decorated.

as the car with the compassion, friendship and generosity shown to APCC by First Baptist Church of Inez.

College Students Work Internship at Pregnancy Center

The Appalachian Pregnancy Care Center recently brought on board three interns to work at the center for the spring semester. The interns are to receive college credit for working at the center and are supervised by Executive Director, Kay Hammond.

Jennifer King, a native of Columbia, SC, is a senior at Pikeville College and is seeking a degree in social work. Jennifer engages in various activities at the center. These include counseling services and assisting clients in the Bundle of Joy Room.

Meshala Bartley, from

Shelbiana, KY, is a senior at Pikeville College. Bartley is seeking a degree in communi-

cation and sociology. Bartley works on advertisements and grants and contributes to the center's newsletter.

Jerica Hamlin, from Dorton, KY, is currently a junior at Morehead State University. Hamlin is also seeking a degree in social work. While interning at the center, Hamlin



(L-R) Interns Jennifer King, Meshala Bartley, and Jerica Hamlin

engages in activities such as counseling services and clerical duties.

The young women will be active interns at the center until May, 2011.

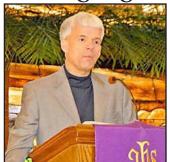
APCC appreciates our churches that provide monthly financial assistance!

Abundant Tidings, Aflex Baptist Church, Faith Baptist Church of Myra, Forest Hills Baptist Church, Jubilee Christian Assembly, Little Paint First Church of God, Mayflower Unity Baptist Church, McVeigh Baptist Church, Pikeville Church of Christ, Shelby Church of Christ Women, Sidney Missionary Baptist Church and Virgie Baptist Church.

Spring 2011 Page 5

∏P‡**←←** A WORD FROM THE BOARD

Working Together to Save Lives



By Bob Finch, APCC Board Member Director of Admissions Pike Association of Southern Baptists

I have had the opportunity to be a part of the Appalachian Pregnancy Care Center since this very special ministry began in our area. While our primary

focus has been to save the lives of unborn babies, there have been many others services and ministries we have provided, including seeing many come to the saving knowledge of Jesus Christ.

One of our greatest blessings has been to see the joining of hands in this ministry by folks from a variety of denominations in our region. It has been a huge blessing to me personally, as well as to this community, to see Christians from many, if not most denominations in our area, working together. We have seen the lives of unborn babies saved and many moms come to accept Jesus Christ as their Savior and Lord.

Each year, as we do our annual Baby Bottle Drive, I'm amazed by all the churches and other organizations in our area, regardless of their size or location, who take part in this worthy endeavor. I am sure that God is pleased as well, as He sees His children truly being the Church He created and desires them to be as we join Him in showing His love to hurting and struggling mothers and their unborn babies.

I am thanking and praising God in advance for the unselfish giving of His Church in Southeast Kentucky to this year's annual Baby Bottle Drive and for the lives of unborn babies that will be saved as a result!

Guest Speaker Discusses Embryo Adoption



Dr. Reginald Finger

On May 13, Appalachian Pregnancy Care Center hosted a guest lecture from Dr. Regi-

nald Finger. A 1981 graduate of the University of Washington School of Medicine, Dr. Finger is trained and board certified in Public Health and Preventive Medicine and is a researcher and lecturer with National Embryo Donation Center in Knoxville, TN.

After more than fifteen

years in state and local public health, Dr. Finger is in his fifth year of researching, writing, and speaking about embryo adoption. He has authored or coauthored six journal articles or abstracts on embryo donation in Fertility and Sterility and Reproductive Biomedicine Online.

Dr. Finger has made hundreds of presentations to health professional audiences throughout his career. His presentation at APCC covered the basics of embryo donation, as well as the clinical science, law, and bioethics of the subject.



APCC clients Allison Tincher and Bradley Smith

Clients Praise APCC for Assistance

"It's like being in our own home!" said Allison Tincher and Brad Smith when asked about their experiences with APCC. "People there are so friendly and helpful!"

Brad and Allison are the parents of a nine-month old baby boy. They are just two of the many clients that APCC has assisted when an unplanned pregnancy came into their lives.

Allison and Brad are both quick to express their appreciation to APCC for the assistance. "They helped us find a place to live and helped Brad find a job," Allison stated. "We were also able to get things for the baby, such as diapers and clothing. We are so very thankful for this help."

Allison, who is still enrolled in a home bound school program, said she is looking forward to returning to regular classes and graduating. "APCC explained about Northpoint Academy and how I could be given help to graduate. Brad and I are so thankful for everything!"

Brad's mother also commented on the care and interest provided by APCC. "They helped Brad and Allison manage and prepare for the baby. We are so very grateful for everything!"



iPad2 Donated to Pregnancy Center

Steve St. John, general manager of East Kentucky Expo Center, donated an iPad2 to APCC. The iPad, valued at \$829, was won by St. John during the recent East Kentucky Leadership Conference held in Pikeville.

According to Kay Hammond, Director of

Appalachian Pregnancy Care Center, the gift couldn't have come at a better time. "This is such a blessing. We had just received a projector and needed an iPad to assist with presentations. God is always on time!"

Page 6 Spring 2011

"Girls' Night Out" A Success

Appalachian
Pregnancy Care
Center volunteer,
Jone Goodman, felt
the clients of APCC
needed an opportunity for fun and fellowship and time
to talk with others
experiencing unplanned pregnancies.
Thus, "Girls' Night

Out" began on Friday evening, July 11, 2008. Laughter could be heard throughout the building! The evening of fun, fellowship, prizes and food was a great success!

In its third year, "Girls' Night Out" continues under the direction of APCC counselors, Carolyn Hall and Bonnie Hall. The evening includes a devotional, an opportunity to discuss topics of interest and a fun but informative activity.



Donna Bates, Mary Kay consultant, assisted clients with makeovers.

On March 11, "Girls' Night Out" began with the devotional, "Daughter of a King". Various games were played and prizes were awarded to the winners as the girls enjoyed food provided by volunteer, Sarah Chaffin. The month of April found the clients receiving makeovers from Mary Kay Consultant, Donna Bates. Donna also provided makeup tips and answered questions concerning Mary Kay products. Each participant left with a "goodie bag".

Hammond Speaks at WMU Meeting

Allen Baptist Church was the location of the meeting of WMU ladies from the five counties (Floyd, Knott, Johnson, Martin and Magoffin), included in the Enterprise Baptist Association. President Jennifer Biddle had invited the pregnancy center to present the program for the WMU meeting.

Following a delicious dinner, President Biddle conducted the business meeting and accepted prayer requests. Then, APCC Director, Kay Hammond gave a brief overview of the ministry and services provided by the center. Hammond read several testimonies and letters of appreciation from former clients. She also shared with the audience that the number of abortion-minded calls are steadily increasing. She continued by discussing the needs of a female struggling with thoughts of abortion and informed the ladies of APCC's Post Abortion Counseling Education Program.

Following Hammond's presentation and an opportunity for questions and answers, President Biddle presented her with a check in the amount of \$300. The money was donated by the WMU ladies to purchase copies of Caring For Your Baby and Young Child Birth to Age 5. The book is used by the clients and counselors of APCC for study sessions based on the needs and interests of the clients. Copies of the book are also placed in the center's library for checkout. The meeting closed with everyone standing in a circle, holding hands and singing, "God Be With You Till We Meet Again."

Campus Ministry and APCC Work Together To Save Lives

Ministry on Kentucky's college campuses is exciting, important and challenging! Collegiate ministry offers training, support and fellowship to Baptist Campus Ministry participants across the state. It focuses on

missions, evangelism, leadership development, discipleship, worship and fellowship in developing students on a weekly and daily basis.

Pikeville College Baptist Campus Ministry Director, Kay Hammond is also the director of the Appalachian Pregnancy Care Center. "It is a source of great comfort and encouragement to work with APCC and BCM Director Kay Hammond. As a BCM member, I now understand the plight of a woman facing the crisis of an unplanned pregnancy and feel called upon to offer my support." said Pikeville College BCM President, Megan Edmonds.

BCM member Stephanie



Pikeville College BCM students Megan Edmonds and Stephanie Coleman

Coleman said, "The vast majority of college women who choose a more desperate alternative do so not out of "freedom of choice" but out of a sense that they have no other choice. APCC is committed to ensuring that the choice for life is truly available to every woman faced with the crisis of an unplanned pregnancy."

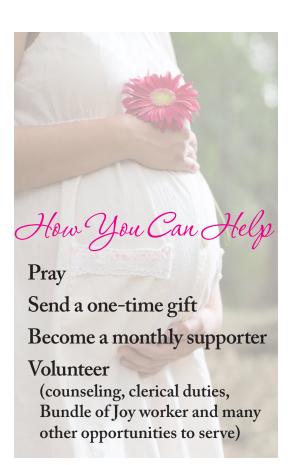
Edmonds and BCM members are helping APCC with its annual baby bottle drive by working through Delta Delta Nu, their college sorority. Baby bottles will be placed in strategic locations on campus on Mother's Day and picked up on Father's Day.



Lending a Helping Hand

Pikeville College Baptist Campus Ministry students, (L-R) Cory White and Adam Adkins, deliver baby bottles to area churches.

Spring 2011 Page 7





US Postage Paid Non-Profit Org. Permit #165 Pikeville, KY 41501



Four Ball Scramble Format Tournament Prizes Hole-in-One Prize Team Awards Great Food Good Fellowship

All Proceeds Benefit APCC

* Date to be announced

