

Like to schedule a presentation by our staff at your church, non-profit, business, club or organization? Call us!



**Appalachian Pregnancy Care Center**

**193 Main Street, Pikeville, KY 41501**



Volume 7, Issue 3  
Winter 2015

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# It takes a village to raise a child

The traditional African proverb, "It takes a village to raise a child," has been widely quoted when examining the partnerships required to raise our children.

Our "village" has never been more necessary than it is today. We live in a face-paced, instant information, and pressure-packed world. Today's children are faced with many challenges and opportunities.

We are blessed at APCC to have wonderful support, strong community partners, and a true village approach.

It would be easy to spend time reflecting on all of the dangers that face our children today.

It would be easy to want to build walls to keep our children protected from the world around us, but isolation won't provide the tools to help them make future choices. We must work together and look out for each other's children.

It takes a village to ensure that every child can have the childhood God intended, and the mission of the Appalachian Pregnancy Care Center is to engage strong partners within our communities. We can't do it alone.

You can't do it alone.

As a community, we can work together to keep our children as safe as possible and make a difference in the lives of future Eastern Kentuckians!

**"We** are blessed at APCC to have wonderful support, community partners and a true village approach."





## Where do I turn?



Over  
**1.2 million**  
abortions  
are  
performed  
in the U.S.  
every year.

A crisis pregnancy happens. She is typically somewhere between the ages of 16 and 24. Alone, scared and confused, she will make one of the most difficult and important decisions of her life.

Does she keep the baby or not?

Most of the time, she will decide within a 24-hour period. Rarely does she have someone who will listen, understand and help her through it all.

More than 1.2 million abortions are performed in the U.S. every year. In fact, 22 percent of all pregnancies end in abortion. The U.S. allows abortion on demand for any reason. A stunning 10 percent of women have an abortion by age 20 and the number jumps to 25 percent by age 30.

For those who become pregnant and choose to abort, the emotional, physical and spiritual pain can linger for a lifetime.

Tragically, adolescent and unwed mothers face increased risks for domestic violence, depression, unemployment and a life of poverty. Much is being done to help, but there is much more that needs to be done.

### Appalachian Pregnancy Care Center Mission:

To empower an army of coaches and counselors to fight on behalf of the unborn and those wrestling with whether to choose life or abort.

You can join us in our mission by praying, becoming a monthly supporter, sending a one-time gift or volunteering.

# What APCC Means to Me

The Appalachian Pregnancy Care Center provides services to over 300 dedicated clients.

As a nonprofit organization, we depend on donations from our current and past clients as well as our community to successfully serve the men and women at the center.

On July 23, Bernice Stewart, grandmother of client Tiffany Stewart, graciously donated a bassinet to our center.

We asked her why she was making such a generous donation.

"You helped us in our time of need," Bernice said. "We want to give back. You gave to us when we couldn't afford anything. We want to give back to you to show our appreciation."

The Stewart family is a testament to what our center is all about. We strongly believe in "passing it forward."



"You helped us in our time of need. We want to give back."

— Bernice Stewart

pictured with her granddaughter Tiffany and great-granddaughter Hayley while donating the bassinet above



"I am delighted to receive this beautiful bassinet and I want to thank the people who donate to APCC and the wonderful staff who has made my life so much better.

— Ashley Lewis

pictured with APCC Staff Christy Thacker while receiving the donated bassinet



**We could not do this without community partners like you!**

# What APCC Means to Me

**"A**s a single mother who had an unplanned pregnancy, I knew in my heart this is where I needed to be."

—Amber Little  
AmeriCorps VISTA volunteer

While volunteering at the Appalachian Pregnancy Care Center, I was informed about the AmeriCorps VISTA program. I had volunteered on and off with APCC for about five years, however, I couldn't be there on a daily basis due to other fulltime jobs. After working at my last job for almost a year APCC was approved for another AmeriCorps VISTA member. Here was my opportunity to jump in and make a difference in an area in which I felt passionate. As a single mother who had an unplanned pregnancy, I knew in my heart this is where I needed to be. I would be able to relate and interact with young girls and women on a personal level.

In mid-August, I left for my four day PSO in Atlanta, Georgia. I was officially sworn in on August 21, (a

humbling experience all in itself.) Did you know Kentucky was one of the first three places AmeriCorps VISTA served? This, of course, hit home for me.

One quote that stuck out to me during training was "Make Poverty History." I also learned what a difference we as AmeriCorps VISTA's could make and had already been making for years in the lives of so many individuals.

I look forward to my first year in service as an AmeriCorps VISTA. Hopefully, one person saying, "Yes, I will and want to get my hands in the dirt and make a change for the people around me" will affect this community and get others involved with AmeriCorps VISTA. In unity, we truly can make a difference.



APCC client Kelly Davis brought in her beautiful newborn baby on August 14. She received a brand new layette for her baby. She stopped by the center with her partner, Jeff Lowe, and

her baby, Jayden Lowe. Jeff says that the center has "been a blessing to our family."



Deborah Lindsey of Wheelwright is one of the many wonderful clients we serve at APCC. Deborah currently helps care for her beautiful granddaughter, LaKayra

Woldford. Deborah says that APCC "is a very helpful place to come to when times get hard. I thank God for this place and the kind people here." Her granddaughter LaKayra is 9 months-old and "growing each day." Her niece Cantha is also pictured.

## APCC will always have a special place in my heart

This summer, I took part in my first summer of service through the Bonner Program. When the time came to pick a non-profit to serve as my service partner, I decided to leave Danville for the summer and return home to Eastern Kentucky to perform my service work. I chose Appalachian Pregnancy Care Center because I wanted to experience the extraordinary feeling of true community service work. In addition, I have a strong moral stance on preserving the life of the unborn. I believe that APCC is a great place for women to come to when experiencing a crisis pregnancy.

By offering these young girls and boys resources and compassionate care, APCC is helping to improve the lives of young parents and their children while strengthening and uniting our small community.

During my time at APCC, I learned a great deal about what it takes to run a successful non-profit organization. Running a non-profit is nothing short of run-

**"I** learned that people from all walks of life face difficulties and they need compassion and support rather than vindication when facing tough life choices."

ning a business; it requires the work of persistent, caring, and professional individuals. While it is nice to experience non-profit work from a business perspective, the best experience I had was speaking with our clients and working with the staff at APCC. During my time at the center, I learned to be more patient, kind, and understanding. I learned that people from all walks of life face difficulties, and they need compassion and support rather than vindication when facing tough life choices. I love APCC



because it gives women and men hope, and I believe that a glimmer of hope can go a very long way. APCC will always have a special place in my heart.

During the more hectic months of the year, I attend school at Centre College where I will be a sophomore. I plan to continue my service work in the medical field. I intend to major in chemistry and attend medical school.





*Join us as we  
pray for future  
generations*



**JANUARY 13, 1984:** President Ronald Reagan issues a proclamation designating January 22 as the first National Sanctity of Human Life Day. Churches around the U.S. gather to celebrate God's gift of life, commemorate the many lives lost to abortion, and commit themselves to protecting life at every stage.

**JANUARY 18, 2015:** The Appalachian Pregnancy Care Center continues to recognize the third Sunday in January as Sanctity of Human Life Sunday. Life matters and all life is sacred. Join us as we pray for future generations, for women and men facing unplanned pregnancies, and for the spiritual health of our nation.



*Life  
Matters.*

*All life  
is Sacred.*



## CBC Needlers help APCC



**CBC Needlers**



**Volunteer Audrey  
Lowery and APCC  
Director Kay Hammond**

Missions Mosaic, the Southern Baptist Convention Magazine for Woman's Missionary Union, listed the Appalachian Pregnancy Care Center (APCC) as one of many ministries to pray for on August 18. The writer of the Mosaic related a story Kay Hammond, Director of APCC, shared last year about one of the clients. Women from Cornersburg Baptist Church in Youngstown, Ohio, read the story and decided they wanted to help the center.

CBC Needles decided to make baby afghans for APCC clients. Denise Deter, leader of the group, said "We have only been knitting for little over a year, and every Monday Cornersburg Baptist, along with women of different denominations, meet at our church to show God's love through making baby afghans. We have prayed over the blankets and pray that the child covered with them will grow up to love and know Jesus as their Lord and Savior."

"Appalachian Pregnancy Care Center received the blankets this week and, needless to say, we are overwhelmed with the love showered on APCC babies all the way from Youngstown, Ohio. What a blessing!" Hammond said.

## Mother, son return home to APCC



**Brynda  
Purvis, Donna  
Hall, Matthew  
Purvis, and  
four-week-  
old Demitria  
Purvis.**

Donna Hall started her journey at Appalachian Pregnancy Care Center (APCC) in 2007 when she was pregnant with her son, Gabriel, who is now six years old.

Donna was APCC's first female client and Gabriel was the first baby born to an APCC mom.

Donna says, "I had a wonderful experience here at APCC. I knew APCC could help my cousin, Matthew Purvis, and his wife, Brynda, when they got pregnant."

Brynda and Matthew are both APCC clients and have a beautiful four-week-old baby girl, Demitria Purvis.



# APCC Hosts 7th Annual Golf Tourney

The Appalachian Pregnancy hosted the 7<sup>th</sup> annual Christian Community Fellowship Golf Fore Life Tournament on September 13<sup>th</sup> with 52 golfers competing for a million dollars, a new car, prizes and trophies.

Even though the tournament was postponed three times due to weather, spirits were not dampened.

Many spectators came to see who could bring home the APCC Golf Fore Life trophy, million dollars, or a new car.

No one was able to win the new car or the million dollars but everyone received prizes, goodie bags and trophies.

A good time was had by all and some much-needed funds were raised for APCC.

We send a special thanks to Harold Ray, who always chairs the golf tournament and the APCC golf committee (Harold Ray, Kay Hammond, Christy Thacker, David and Judy Lester, Jone Goodman, Jim Patton, Bob Finch, Ronnie West, Eugene Blackburn, Dave Pacific, Curtis Wallace,



APCC Golf Tournament Chairman Harold Ray watches golf action during the event.



## Morning winners:

**First Place:** Bud Kendrick, Darryl Blackburn, Fuzz Coleman and Shawn Coleman (pictured left with Kay Hammond)

**Second Place:** Chuck Ray, Charlie Ray, Tim and Vivian Kincaid

**Third Place:** Judi Casalino, Nancy McCoy, Jimmy Blackburn and Carolyn Looney

## Evening winners:

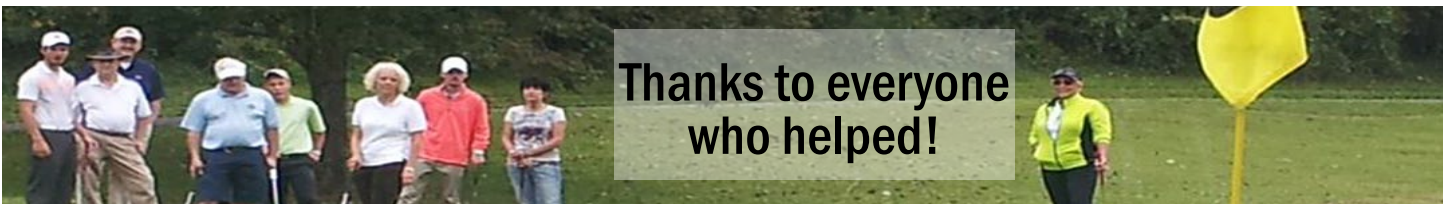
**First Place:** Steve Osborne, Brian Johnson, Mike Lozier, Dave Lozier and Harold Ray (pictured right)

**Second Place:** Tyler Smith, Kelly Porter, Drew Rothenstine, JB Gilliam and Harold Ray

**Third Place:** Bill Meredith, Larry Jewell, Claude Dotson and Dennis Stiltner



Mike Lozier warms up to take a shot for the million dollar prize during the 7th Annual APCC Golf Tournament.



Thanks to everyone who helped!



# Miracle Babies

## By Brittany Potter, APCC donor

My husband Kevin and I got married June 10, 2006, and we both knew we wanted to have a family. I was still in nursing school at the time and decided to wait until I was finished with school to start trying for the family that we both wanted.

Right before my graduation, we decided that we wanted to begin our family. After about a year with no luck we thought that maybe we should consult with a physician ask if there could be any problems. The first physician was not very helpful at all. He said we were young and to keep trying; it would happen and not to worry about it.

More time passed with nothing. This was becoming so discouraging. I couldn't understand why God wouldn't give us the desire of our hearts to be parents. We prayed and prayed daily, asking for guidance and understanding about our situation. I finally found a wonderful physician who was willing to check all avenues for what may be wrong. After one simple blood test, she found my progesterone level to be too low. With this knowledge she started me on a regimen of Clomid to help boost our chances of conceiving. Time passed and still no baby.

Then finally on October 31, we found out we were expecting. We were so happy and couldn't wait to share our good news



**Brittany and Kevin Potter with their children Logan and Jackson.**

with our families. Sadly, on November 6, our precious baby went home to be with the Lord. We were so devastated by this. We had wanted this baby so badly and now it was gone. This was the most difficult thing we had ever faced. This tested our faith in a way that it had never been tested before. We looked to God and each other and slowly started to heal from this tragedy.

Six months passed after our loss and we had not conceived again. Feeling helpless, we decided that maybe adoption was the route God had planned for us. We filled out all of the appropriate paperwork and I gave it to my husband to fax into the adoption agency when he went to work. When he came home from work that evening I ask him if he had faxed the paperwork and he said no. He said God spoke to him and told him not to fax it.

We decided to focus on an upcoming vacation and think more about this before we made any final decisions. I was at work on Mother's Day and some of the girls I work with kept telling me take a pregnancy test because they thought I was pregnant.

Just to make them happy, I took one and to my surprise it was positive. I called my husband and told him the good news. I was able to get into the doctor's office the next day and we had an ultrasound that showed everything to be just fine and that we would be having our first baby.

Logan Elijah Potter was born January 4, 2012, weighing 6 lbs. 12 oz. He was perfect in every way. We were so happy and so in love. After his difficult delivery we were unsure if another baby would be possible but we were open to another baby if God saw fit to give us one. When

Logan was 17 months old, we found out we were expecting our second child. Jackson Andrew Potter was born perfectly healthy on December 27, 2013, weighing 6 lbs. 9 oz.

God has blessed us with more than we could have ever asked for. For this child I prayed; and the Lord hath given me my petition which I asked of him:

*Therefore also I have lent him to the LORD; as long as he liveth he shall be lent to the LORD. And he worshipped the LORD there. 1 Samuel 1:27&28*

## Welcome, Torie!



**Torie Fowler**

Pike County resident Torie Fowler is working toward a Masters degree in public relations at Ball State University.

One of the assignments for her current course is to choose an organization that may need public relations help and design a campaign for them, from research through evaluation.

After speaking with some of her co-workers, Torie learned that the Appalachian Pregnancy Care Center (APCC) may be in need.

"When I reached out to Director Kay Hammond, she was very welcoming and loved the idea!," she said. "I look forward to working with the APCC over the next several months trying to create a public relations campaign that hopefully Kay and her staff will be able to implement."

Welcome, Torie!

## Thankyou Signature!



**Signature of Pikeville resident Sadie Branham takes a picture with the diaper cake she delivered and APCC Director Kay Hammond.**

Pikeville Signature HealthCare residents meet monthly to determine activities. After much discussion, the residents decided to give back to their community. Rhonda Jones, Quality of Life Director, and Chaplain Matthew Reed contacted local organizations to assess needs. While visiting Appalachian Pregnancy Care Center, Rhonda determined that APCC was in need of Layette items. Ruby Anderson, Pauline Hurley, Mattie Tackett and Sadie Branham decided to make a diaper cake for a young mother at APCC. While making the cake, one of the elders, Ruby Anderson, expressed that she would have loved to have a place to turn to when she was a young mother. She reflected on how much APCC could have helped young mothers back in the day. Ruby said, "I am so glad that mothers have a place to turn to now." While assembling the cake, Mattie Tackett said, "I will sleep good tonight knowing the diaper cake we made is going to help a mother and her baby."

## Our Mission

The Appalachian Pregnancy Care Center exists to affirm the value of life by providing a network of care to those experiencing a pregnancy-related crisis and by compassionately presenting Biblical truth resulting in changed lives to the glory of God.

## Our Vision

The Appalachian Pregnancy Care Center strives to provide Christ-like compassionate support to families experiencing crisis

## Our Services

All services are **FREE**.

They include:

- Pregnancy Testing
- Earn While You Learn
- Baby/Maternity Resources
- Abstinence Education
- Abortion Recovery
- Adoption Education
- Bible Studies
- Counseling
  - ~Healthy Marriage
  - ~Healthy Pregnancy
  - ~Fatherhood
  - ~Parenting
- Community Referrals
- Community Presentations
- And **MUCH, MUCH MORE!**

## Our Hours

**Tuesday -Thursday**  
10 a.m. to 4 p.m.

**Friday**  
10 a.m. to 8 p.m.

## Contact Us

**PHONE**  
(606) 433-0700

**EMAIL**  
apcc@setel.  
com

**WEB**  
appalachianpregnancycare.com

# Don't miss the Banquet for Life!

Appalachian Pregnancy Care Center

2nd Annual

*Banquet for Life*

February 5, 2015

6:00 p.m.

Eastern Kentucky Exposition Center



*Appalachian Pregnancy Care Center's Banquet for Life was a huge success last year, with more than 500 people in attendance. Discounted rates are available for churches for the Feb. 5, 2015, event.*

The Appalachian Pregnancy Care Center (APCC) will celebrate eight years of changing lives with its second Banquet for Life this winter.

The event will begin at 6 p.m. on Feb. 5, 2015, at the Eastern Kentucky Expo Center and is expected to be bigger than last year's event, which attracted more than 500 attendees.

APCC Executive Director Kay Hammond said, "I am so thankful for the many people that have enthusiastically shared the vision of the Appalachian Pregnancy Care Center of giving hope to mothers facing unplanned pregnancies and making a difference in the lives of unborn babies."

APCC, a nonprofit organization in Pikeville that helps families facing unplanned pregnancies in eastern Kentucky and surrounding areas, hosts the Banquet of Life fundraiser so that it can continue providing comprehensive support and services to women experiencing unplanned pregnancies and their newborns. By providing services and compassion to people experiencing unplanned pregnancies, the organization works to offer a viable alternative to abortion.

Since its founding eight years ago, APCC has helped hundreds of parents and children, providing parental educational services, counseling and numerous programs that offer assistance with abortion recovery, adoption education, abstinence education, health during and after pregnancy and healthy relationships. The

organization also offers pregnancy testing, an "Earn While You Learn" program for new parents, referrals and resources to help people facing unplanned pregnancies. APCC volunteers also offer community presentations throughout the year at various organizations.

The Banquet for Life is one of APCC's biggest fundraisers.

It will feature dinner, entertainment, a silent auction and a presentation of special moments APCC has been a part of over the past eight years and a presentation about what APCC hopes to accomplish in the future.

Semi-formal attire is requested.

Sponsors are currently being sought for the event. "Diamond" sponsors who donate \$5,000 receive two eight-person tables, banner and program recognition. "Gold" sponsors who donate \$2,500 receive one eight-person table, banner recognition and program recognition. "Silver" sponsors who donate \$1,000 receive one eight-person table and program recognition. "Church" sponsors who donate \$400 receive one eight-person table. Tickets are also available.

Attendees are asked to RSVP by Friday, Jan. 31, as seating is limited. APCC will also accept tax-deductible donations at P.O. Box 131, Pikeville, Ky. 41502.

For details, call 606-433-0700 or visit <http://appalachianpregnancycare.com>. More information is also available by visiting the center at 193 Main Street in Pikeville.





## How You Can Help

**Pray**

**Send a one-time gift**

**Become a monthly supporter**

**Volunteer**

*(There are counseling, clerical duties, Bundle of Joy workers and many other opportunities to serve.)*

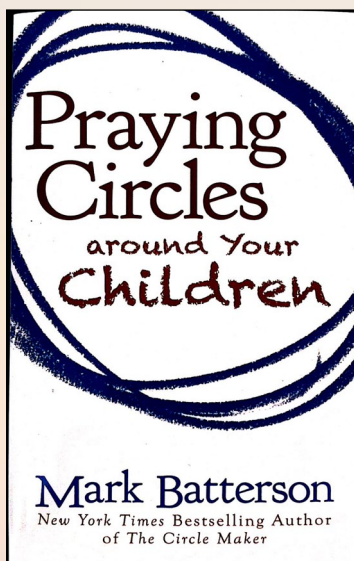


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## It's time for parents to start circling....



Appalachian Pregnancy Care Center clients are learning how to pray circles around their babies using principles from Mark Batterson's *New York Times* bestselling book, "The Circle Maker."

Parents are discovering an entirely new way of praying by using prayer as a secret weapon. The book "Praying Circles Around Your Children" shares five prayer circles that will help clients not only pray for their kids but also pray through their kids.

APCC clients are taught using Batterson's book how to create prayer lists unique to family, claim God-inspired promises for children, turn family circle into a prayer circle, and discover their child's life themes.



The author of "Praying Circles Around Your Children" explains how parents learn to pray more effectively. As Batterson writes, "I realize not everyone inherited a prayer legacy like I did, but you can leave a legacy for future generations. Your prayers will shape the destiny of your family for generation to come."

APCC thinks it is time for parents to start circling.

One client said, "I did not realize what a blessing I was missing by not circling my baby with prayer every day. I feel God showering His blessings on us daily as I pray circles around my family."

APCC Director Kay Hammond said that even though some may never be perfect parents, they can be praying parents.

"We believe studying 'Praying Circles Around Your Children' will change lives, and families will be strengthened," Hammond said.

*"Before I formed you in the womb, I knew you; Before you were born, I set you apart."*

Jeremiah 1: 4-5