



# Baby Bottle Drive Underway!

Mother's Day through Father's Day

Pick up your bottles today or call (606) 433-0700 for delivery.

**APCC**  
Appalachian Pregnancy Care Center  
193 Main Street, Pikeville, KY 41501

(606) 433-0700

Email: [apcc@setel.com](mailto:apcc@setel.com)  
[appalachianpregnancycare.com](http://appalachianpregnancycare.com)

## APCC helps host 'Community Baby Shower'

PIKEVILLE — The Appalachian Pregnancy Care Center was honored to partner with the Pike County Community Early Childhood Council to host an educational baby shower for APCC clients and young mothers throughout Pike County.

Community partners shared information about the importance of nutrition, health, wellness, and resources that are available for mothers and their children.

Door prizes were distributed during the event, held at the Pikeville Area YMCA on April 7, 2017.

APCC and the Early Childhood Council would like to thank the Pikeville Rotary Club, the Pikeville Fire Department, and the Pike County Health Department for donating new car seats to



be given to APCC clients and community mothers.

Other vendors furnishing prizes included Pike County Schools, Pike County Head Start, CareSource, Big Sandy Health Care, and Anthem Blue Cross Blue Shield.

In addition to car seats, mothers and their babies received high chairs, diapers, sippy cups, bouncy seats, infant bathtubs, bath toys and various other prizes.

The Scholar House of Central Appalachia, DCBS-Child Care Assistance and the Pike County La Leche League also assisted.

"Many families were served and received beneficial information. I am very excited about planning our next event!" said Shirley Justice-Fouts, Pike County Community Early Childhood Council Chair.



## Our Mission

The Appalachian Pregnancy Care Center exists to affirm the value of life by providing a network of care to those experiencing a pregnancy-related crisis and by compassionately presenting Biblical truth resulting in changed lives to the glory of God.

## Our Vision

The Appalachian Pregnancy Care Center strives to provide Christ-like compassionate support to families experiencing crisis

## Our Services

All services are **FREE**.

They include:

- Pregnancy Testing
- Earn While You Learn
- Baby/Maternity Resources
- Abstinence Education
- Abortion Recovery
- Adoption Education
- Bible Studies
- Counseling
  - ~Healthy Marriage
  - ~Healthy Pregnancy
  - ~Fatherhood
  - ~Parenting
- Community Referrals
- Community Presentations
- And **MUCH, MUCH MORE!**

## Our Hours

**Tuesday -Thursday**  
10 a.m. to 4 p.m.

**Friday**  
10 a.m. to 8 p.m.

## Contact Us

**PHONE**  
(606) 433-0700

**EMAIL**  
apcc@setel.com

**WEB**  
appalachianpregnancycenter.com

## APCC is Saving Lives!

*(Please note: The name of the client in this article has been changed to protect her privacy.)*

"Cindy" was an honor student in the education program at the local university and primary caregiver to her daughter when she found herself facing an unplanned pregnancy.

Another baby was not part of her plan; therefore, she began researching her options.

"It seemed as if all my friends were favoring abortion because some had gone in that direction," Cindy shared. "When I called The Appalachian Pregnancy Care Center, I'd already made an appointment for an abortion for the following day. A staff member at APCC told me to come right away. When they explained to me the actual process of an abortion, I started crying and hyperventilating thinking about how awful having an abortion would be."

"Even after the initial appointment at APCC, I still wrestled with what to do. The child's father seemed angry and wasn't supportive at all. I kept thinking, I will have to do this alone and change my plans. I knew everything told to me at APCC to be true, but I was still wrestling if I could do it. The whole stigma with being a single parent became overwhelming. I just really

**"The Appalachian Pregnancy Care Center helped me realize *this is a life*; the baby is here for a reason."**

didn't want that. I felt I was being selfish."

"My depression and fear didn't go away in one day. The Appalachian Pregnancy Care Center helped me realize *this is a life*; the baby is here for a reason. When I was so depressed, I would cry and pray. I would always go back to the counseling sessions at APCC. During the first trimester, I was really emotional about my decision. I couldn't do an abortion or adoption. I felt like I would be the best mommy to my baby."

"I was introduced to Christ by my foster family. Because of my faith, I endured a lot of things that would have broken a person who didn't have faith. Instead, I became stronger. I realized the same God who has provided for me my entire life, will continue to provide and make a way."

Please continue to pray for "Cindy" and her family. With support, she will complete her bachelor's degree in education in 2018.

## We Thank Our Board Members!

**Cathy Justice Chair**

**Paul Potter, Secretary**

**Jimmy Blackburn, Public Relations**

**Jim Vanover, Member**

**Linda Crum, Vice President**

**Lynette Schindler, Treasurer**

**Lula Ford, Volunteer Trainer**

**Richard Watson, Member**



Jim G. Vanover is one of the Appalachian Pregnancy Care Center's newest board members. Jim is a partner in the Law Offices of Vanover, Hall & Bartley, P.S.C. in Pikeville, Kentucky. He has always been ready to help APCC with legal concerns, even before he became a board member. Thank you, Jim, for the heart you have for our organization and welcome aboard!



## Message from Director Kay Hammond

### Baby Bottle Drive 2017

Appalachian Pregnancy Care Center is meeting real needs of women and children in our communities. The gifts from our churches allow the important life-saving work of this ministry to continue without interruption.

Last year, many babies were born who would otherwise have been aborted, without the help of APCC. Our clients heard the gospel of Christ shared in a way which touched their hearts and led them to reconsider new life in Him. Children were clothed, fed and nurtured through our Earn While You Learn Program.

Your church's participation in the "Baby Bottle Drive" will enable us to continue to offer practical and spiritual help to those in need.



*"Last year, many babies were born who would otherwise have been aborted without the help of APCC."*

Day, June 18. Bottles can be picked up anytime at the Appalachian Pregnancy Care Center or we will deliver.

You can contact us at 606-433-0700. I want to personally thank you for the support you have always given!



*APCC volunteers prepare for baby bottle deliveries to local churches.*

## The Heart of a Giver

Tori Brown truly has the heart of a giver. Beginning at the age of four, she has used her birthdays to donate to various charities.

In lieu of gifts, she requested party guests to bring donations for the charity of her choice.

At a very young age, Tori was moved by news of a deadly tsunami in Haiti.

At her fourth birthday party, she collected over \$200 for medical and missionary aid to Haiti.

Since then, Tori's birthday charity drives have included the American Cancer Society, Supporting Heroes, the Pike County Animal Shelter, and the Pike County Homeless Shelter.

This year, Tori chose to support the Appalachian Pregnancy Care Center for her tenth birthday.

Tori and her friends provided a bounty of gifts for APCC! Tori continues to share the gift of giving.

Her little sister Gracie will begin choosing charities to support

**Tori has donated her birthday gifts to charity since she was four!**



# Pregnancy & Parenting Classes Offered at APCC



*The “Earn While You Learn Program” at APCC offers parenting classes on numerous topics.*

## New APCC Program Helps Those With “Special Circumstances”

Some APCC clients need a little more help than others.

The Special Circumstances Curriculum was created to address specific situations that may not affect every client, but can cause devastating results for those who have these issues and do not receive help.

It was designed to help clients facing different specific situations.

The curriculum addresses child abuse, the harm it does and how to end the cycle of abuse. It also educates clients about the effects of drugs on babies before and after they are born.

The use of crystal meth and the damage it can do to the mother, as well as the baby, is another topic in the program. These five unique lessons may not be used every day, but are important to have available when needed.

After going through this program a recovering meth addict said, “This is so real. That is just how it is.”

She wanted to make arrangements to get her own copy of the curriculum to share with her addicted friends.

The Appalachian Pregnancy Care Center offers classes that cover many pregnancy and parenting topics. In addition, for each class a client completes, she or he earns credits to purchase items from the “Bundle of Joy Room.”

“Earn While You Learn Program” classes may be taken at each visit and are typically taught individually. The classes may last for up to two years. An additional family member may attend classes with the client and earn the same credits.

The classes include: Prenatal Development, Nutrition During Pregnancy, Breastfeeding, Bonding With Your Baby, Boundaries With Your Children and Life Skills.

The Life Skills classes include Building a Family Budget, Grocery Shopping on a Budget and Tips For Locating Affordable Housing.

Former client, Lisa Harris who delivered a son in February 2017, was a participant in the “Earn While You Learn Program.”

Lisa had these comments about APCC, “The staff has been very supportive, friendly and understanding of my concerns. Above all, they have been very respectful.”

## APCC, Scholar House Work Together

Have you ever looked at single parents attending college and wondered how they are going to meet the economic needs of their children?

The Appalachian Pregnancy Care Center’s highly-acclaimed “Earn While You Learn” practical skills curriculum promotes financial security.

APCC Director Kay Hammond and staff member Christy Thacker conducted a Money Management 101 Workshop at the Scholar House of Central Appalachia on November 29, 2016.

“Money management is the key to independent living. Money worries can be overwhelming, especially for the single parent. It can be difficult to look at the reality of your situation without quickly becoming discouraged. The truth is everyone needs a budget,” stated Hammond.

The workshop equipped single parents to establish short and long-term goals and to create an actual budget to achieve financial freedom.

“The Money Management 101 Workshop was very beneficial to our Scholar House residents. Thank you Appalachian Pregnancy Care Center for reaching out to the Scholar House of Central Appalachia,” Scholar House Director Cheryl Frasure said.



# It was a Night to Remember!

The Fourth Annual Banquet for Life was a night to remember.

Held February 23, 2017, at the East Kentucky Exposition Center in Pikeville, our celebration was themed, "The Gift of Life."

Thank you to those volunteers who worked hard to make this magical night a reality!

The highlight of the evening was the Jason Lovins band, which provided musical entertainment during the event. Jason, our keynote speaker, shared the story of his birth in the form of a dynamic testimony

Governor Matt Bevin shared a special message through video, commending Appalachian Pregnancy Care Center for the work it does to save lives.

The banquet featured a full-course meal with roast beef, mashed potatoes, carrots, salad, rolls, dessert and drinks.

Throughout the evening, attendees had an opportunity to be photographed by Deneisha Osborne of Moments of the Heart Photography and the Picture Perfect Photo Booth. All ladies received a Tiffany box with a special gift inside.

Attendees could view and purchase silent auction items donated by various local businesses.

We encourage you to join us again next year as we celebrate the gift of life and financially support the Appalachian Pregnancy Care Center, so that we may continue serving our communities for many years to come.

For more information, contact Kay Hammond, APCC executive director at 606-433-0700 or [apcc@setel.com](mailto:apcc@setel.com).





# Students Making a Difference!



*Students from Pike and Floyd counties have been working for their Community. Appalachian Pregnancy Care Center is so thankful for Mullins Elementary and Allen Elementary for participating in our annual baby bottle drive.*



## Northpoint students make quilts for APCC

Students in the art classes at Northpoint Academy helped to create 12 baby quilts that were donated to APCC. The students were assisted in the project by art teacher, Garlene Layne-Abshire. The quilts were colored by the students and quilted by members of the Pike County Extension Quilters' Guild.

The coloring of the blocks was done with wax crayons. The color was applied heavily so that when pressed the stain of the color would permeate into the material for a lasting effect. The students worked on the quilt blocks during a study of relating artistic ideas and working with personal meaning and external content.

Relating this with National Visual Art Standards, questions were applied such as: How does engaging in creating art enrich people's lives? How does making art attuned to people in their surroundings? How do people contribute to awareness and understanding of their lives and the lives of people in their communities through art making?

This is the second year that the Extension Office and art classes at Northpoint Academy have worked together on this worthwhile project. Layne-Abshire and her students are looking forward to doing this project again.



*Pictured are Garelen Layne-Abshire, who teaches art at NorthPoint, and students Austin Ramey, Tyler Reed, Cameron Mullins and Nate Hawes, who partnered with the Pike County Extension's Quilters' Guild to make quilts for APCC.*

# Thank You!





## Knitting & Quilting for APCC

Grace Orsborne, a student at Betsy Layne High School worked together with her friends, Kayla and Debby, to create several handmade items for the clients of the Appalachian Pregnancy Care Center.

Grace and her friend Kayla recently participated in a program called Genius Hour, in which they had to do a project that would have an impact on the community.

Grace has been knitting and crocheting since she was 12, and Kayla wanted to learn how to knit.

Grace said, "As we were working on our project, we researched the Appalachian Pregnancy Care Center. We discovered all of the things that they do for the women in the area, and decided this was the place we wanted to impact. Kayla and I knitted several items, including booties and diaper covers. Also, after I taught Kayla how to crochet, she made a small baby hat. Debby helped us add buttons to them."

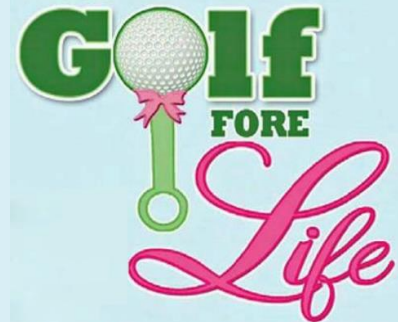
## Former Client Gives Back

Natasha Tackett, former college intern and client of the Appalachian Pregnancy Care Center, donated beautiful Care Baskets to APCC as her spring service project for Phi Alpha International honor society that is a branch of the Brescia University.

Natasha said, "I witnessed firsthand the love and care that clients received at the APCC and I wanted to give back to an organization that made all the difference in the world in my life."

Phi Alpha is an international Social Work honor society that branches through Brescia University, and the community centers their focus on the wellbeing and advancement of individuals worldwide.

Members hail from all areas of the United States and gather online to make their mark on the nation, specifically with goals to help within the social work realm. Because giving back is a central idea in social work, the Spring 2017 service project is individual blessing boxes, care baskets, packages, and other material goods to help the disadvantaged in each member's community.



The 10<sup>th</sup> annual APCC Golf Fore Life Tournament will be held at Green Meadow Country Club on Friday, June 16, and we hope that you will be there ready to tee off at 8 a.m. with many other enthusiastic golfers and supporters of the center.

Our planning team is working to put together what we hope will be an enjoyable golf outing for you and the other members of your foursome.

There are tournament sponsorship opportunities available at three different levels. Since this is one of three major fundraisers that APCC does each year, many teams will set a goal to raise funds well beyond the expected entry fee of \$50 per person.

What can you expect to receive for playing in the tournament? A round of golf with your friends, a cart, an opportunity to win hole contests and door prizes (including a \$7,500 hole-in-one cash prize), a buffet lunch prepared and served by the Pikeville Freewill Baptist men's group, and a great feeling that comes from serving the needs of others – in particular, the needs of women in our community that are facing an unintended pregnancy.

You can register your team by calling us at (606) 433-0700.

## Quilting in His Name



*Shirley Ratliff and 14 year old granddaughters Katie Venavle and Ellie Misser made the beautiful baby quilt pictured above. Shirley said, "I am teaching my granddaughters to quilt and do work for God's service."*

# APPALACHIAN PREGNANCY CARE CENTER

10<sup>th</sup> Annual 2017

Christian  
Community  
Fellowship Golf  
Tournament

June 16, 2017

Green Meadow Country Club

Due to large number of golf participants,

**please RSVP by June 9, 2017**

## TOURNAMENT HIGHLIGHTS

- Morning registration 7:30 a.m.
- Shotgun Start at 8:00 a.m.
- Afternoon registration 12:30 p.m.
- Shotgun Start at 1:00 p.m.
- Four-Man Scramble Format
- Longest Drive Competition
- Closest to the Pin Competition
- Awards and Trophies
- Tee Favors and Prizes
- Lunch Provided
- Four-Man Team: \$200
- Single Player: \$50 (will be place on a team on the day of the event)



## SPONSORSHIP OPPORTUNITIES

### EAGLE SPONSOR \$1,000

- Logo on sponsor banner
- Recognition on hole signage
- Recognition in event program
- Foursome

### BIRDIE SPONSOR \$400

- Recognition on hole signage
- Recognition in event program
- Foursome

### PAR SPONSOR \$200

- Recognition on hole signage
- Recognition in event program

All proceeds will go to sponsor the  
Appalachian Pregnancy Care Center  
For more information or to register:  
(606) 433-0700

Email: [apcc@scd.com](mailto:apcc@scd.com)

Website: [www.appalachianpregnancycare.com](http://www.appalachianpregnancycare.com)



Appalachian Pregnancy Care Center

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*How You Can Help*

Pray

Send a one-time gift

Become a monthly supporter

Volunteer