



Appalachian Pregnancy Care Center

Spring 2020

## Our Mission

*The Appalachian Pregnancy Care Center exists to affirm the value of life by providing a network of care to those experiencing a pregnancy-related crisis and by compassionately presenting Biblical truth resulting in changed lives for the Glory of God!*

## Our Services

- Earn While You Learn
  - Pregnancy Testing
  - Adoption Education
  - Abortion Recovery
  - Counseling Sessions
  - Character Education
  - Healthy Pregnancy
    - Nutrition Classes
  - Healthy Relationships
  - Parenting & Life Skills
    - Fatherhood
- Grandparent's Program
  - Baby, Maternity Resources
- College & Career Access Counselor
  - Presentations
  - Girls Night Out
  - Special Circumstances Class

## Contact Us

(606) 433-0700  
appalachianpregnancy  
care.com  
Email: apcc@setel.com



facebook.com/  
appalachian  
pregnancycare



Brandy Childers is pictured with four of her five children, Kaylee, 2, Chloe, 7, Madeline 6, and Kyra, 1.

## Meet one of our APCC families!

Brandy and Bradley Childers have been a part of the Appalachian Pregnancy Care Center family for two years.

They have five daughters and a son and the children

always feel at home when they come to APCC. They're always treated like family.

Brandy found APCC while calling around looking for churches that could help them.

Brandy said, "Two years ago after calling around to a few churches in the area, APCC was recommended to us to help provide baby and toddler items for our children."

## Helping women find hope, purpose



Some APCC clients have been able to overcome their substance abuse problems and become successful mothers.

Many of these incredible women have actually graduated college, obtained a masters degree, and own their own business.

Society expects individuals to make responsible choices and to be able to manage their day-to-day affairs. APCC believes that there is definitely hope for women in recovery and we cannot give up on

## COVID-19 brings changes to APCC

**We are open for material assistance only!**

Our state and our nation are dealing with a national emergency caused by COVID-19. In order to protect our clients and their precious children, we had to implement new policies at APCC.

Throughout the duration of this emergency, a person who is a client seeking material supplies/assistance shall not enter the center until further notice. Instead, a telephone conversation will determine essential needs and a package shall be created which shall be distributed curbside in the parking lot of the center. For more information, please call, (606) 433-0700

### From HOPE | Page 1

our wonderful mothers. They are making up the new work force of today and with hard work and determination, they will definitely succeed.

We have many ladies enrolled in our "Earn While You Learn Special Circumstances" classes, which we believe have helped to push them in the right direction.

May God bless you for helping us change their lives!

# Baby Bottle Blessings

APCC Director Kay Hammond and Rebecca Watts of Allen Baptist Church collect bottles in 2019.



## APCC 2020 Baby Bottle Drive may be postponed, but we still need your help!

Thank you to all the churches and the community for your support.

In light of the present situation concerning the COVID-19 crisis, we are uncertain when we will be conducting the 2020 Baby Bottle Drive.

This is a very difficult situation, but with changes taking place daily because of this pandemic, holding this fundraiser, as we do normally, from Mother's Day to Father's Day may not be feasible.

APCC is very appreciative of the support we receive from our area churches. Without your financial and prayerful support, our Baby Bottle Drive 2019 would not have been a success.

We will notify everyone when we can begin our "Baby Bottle Blessing 2020." It's a fun, EASY, and very effective way to make a "Change for Life!"

This program has a lasting

effect in the lives of women and babies giving them an opportunity to learn, to grow, and to choose life.

It may seem small, but the impact is HUGE.

We ask that you prayerfully consider a Baby Bottle Drive for your church or organization when we are able to launch the fundraiser this year.

Thank you for making a difference in the lives of our clients and their unborn babies.

We appreciate your continued support, as this is a crucial part of our fundraising income! APCC could not carry on Kingdom Work without you! God Bless You!

To sign up your church or organization for the Baby Bottle Drive, contact APCC at (606) 433-0700. If you have any questions or wish to have an APCC representative speak at your church, contact Kay Hammond at [apcc@setel.com](mailto:apcc@setel.com).

### Top 10 churches in the 2019 Baby Bottle Drive

New Generation Church, Salyersville: \$1,825.22

Canada Freewill Baptist: \$1,418.36

Vogel Day United Methodist: \$1,082.31

Allen Baptist Church: \$1,068.22

Faith Baptist Church, Myra: \$942.19

First Baptist, Belfry: \$886.60

First Baptist, Pikeville: \$852.81

First Baptist, Forest Hills: 813.61

Mayflower Unity Baptist: \$808.91

Mountain View Church of Christ: \$758.68

### How to start a Baby Bottle Drive

1. Contact us to order your bottles (no cost to you).
2. Distribute the empty baby bottles to your church congregation.
3. Ask participants to return filled bottles.



# Welcome Srivalli!

Srivalli Srivangipuram became a Care Net certified pregnancy care volunteer at Appalachian Pregnancy Care Center recently.

Being a part of a team that provides support to expecting mothers allows her to not only serve her community, but also expand her knowledge on patient care. She is interested in gynecology, which is a specialty of incredible breadth and variety.

There is an innate emphasis on physician-patient relationship and patient-centered care in this particular field, which is what inspires her towards this area of medicine.

An unplanned pregnancy can be a frightening and emotional experience for some women.

Srivalli's goal is to uphold the core values of APCC by providing pre-natal and post-natal education, material resources, and emotional support so that the clients that come to this facility experience a positive and happy journey.



Srivalli Srivangipuram

**APCC  
thanks all  
of its  
volunteers  
for  
helping us  
save lives!**

## Family means no one is left behind or forgotten

A friend posted a picture on Facebook the other day of an older lady sitting on a porch breaking green beans. I remembered sitting on my grandparents' porch as a child with my grandmother, my mom, and, often, some of my aunts and cousins as we broke green beans

"Many hands make for light work," My granny would say.

Every Sunday afternoon my grandparents' children — they had nine — and their kids would head to Granny and Grandpa's house after church, spending time together in that family tradition. While all the cousins — kids of all ages — played, the adults would sit in rocking chairs on the porch with my grandparents in the middle of it all.

Over my life, many things have changed, but there is one thing that has always stayed the same: my



APCC Director Kay Hammond

family.

When I think about my happiest moments in life, they all involve my family. Our families are made up of people that bring out the best in us.

Not everyone, however, is fortunate enough to have such wonderful memories of family.

Many APCC clients do not have family or family support. We are that family to many girls who are facing a difficult time in their young lives.

Because of the work of the Appalachian Pregnancy Care Center, no mother or baby is left behind or forgotten.

# APCC Board Chair Cathy Justice retires



Cathy Justice

Cathy Justice doesn't just look around and see things that need attention. She takes action.

We all see the same things that Cathy sees. There are jobs that need to be done, problems that need to be solved, and as we look at those and think about our busy lives, we most likely say to ourselves, "Somebody will take care of that." We mean well, but we just don't get around to doing anything.

Cathy is the person who does something.

When we look at the Appalachian Pregnancy Care Center — which was only a dream 12 years ago — many

of us were in that camp that said, "We really do need a place where young women and men experiencing an unplanned pregnancy can get the help they need. Somebody needs to do something."

Well, that somebody was APCC Board Chairman Cathy Justice. She saw possibilities where the rest of us saw need. With the hustle of the Energizer Bunny, Cathy's enthusiasm gave the rest of us what we needed most and that was leadership. She was

the quarterback in a drive that took us from a dream to a reality ... the reality of the Appalachian Pregnancy Care Center.

So, Cathy, on behalf of the APCC board of directors I would like to say thank you for being a lady of action and not just words. You got us started, rallying many people to work together to form our wonderful center. So join me in giving Cathy a round of applause and a big thank you! We love you and you will be missed!



# Ohana!

The 7th Annual Banquet for Life took place on Thursday, Feb. 27, at the Appalachian Wireless Arena!

With a concentrated, genuine “it takes a village” focus on the family, this year’s event was a one-of-a-kind gathering!

The banquet featured both live and silent auctions, family entertainment, and authentic Polynesian foods!

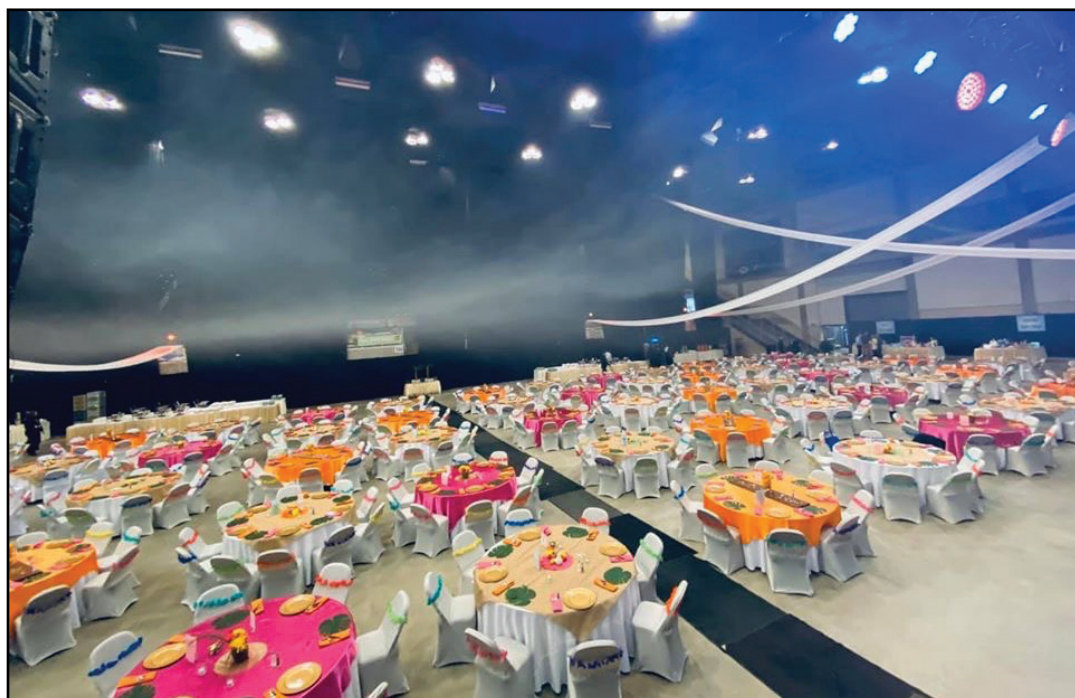
Auction items included University of Kentucky football tickets, a relaxing Gatlinburg weekend retreat, and many more amazing and sought after items!

We were proud to proclaim that this year’s banquet’s focus was on relationships, family and most importantly, love!

Family is a shared experience of respect, love and loyalty!

In order to make the Banquet for Life a reality, 1,000 APCC family members came out to help ensure that many children are given a chance to live a life of love and the security of family! We thank you for making our celebration of family, life and love a reality.

**Ohana means family — nobody gets left behind or forgotten!**



**Thanks  
to every  
person  
who  
helped!**







# What APCC Means To Me

By MaKayla Wells Holbrook

I was 19 and beginning my third semester of college classes at the University of Pikeville.

I had just discovered a week before the semester began, that I was six weeks pregnant.

I was extremely scared and confused and felt I had no one that I could really talk to.

Later in that same week, I stumbled upon a table of volunteers for the Appalachian Pregnancy Care Center. These ladies gave me the information to sign up and I went over to the center and became a client that day.

This center has helped me in so many ways that I could not explain it all in the short time that I have today. They offered counseling/parenting classes, gave advice, helped with material items for the baby, and, of course, became family to me.

They did not pass judgment



Makayla Wells Holbrook

ments and instead encouraged me to be my best. They pushed me to continue with school despite my financial struggles because they know that I want to give my son the best life possible.

They encouraged with several scripture readings and bible verses in the many times that I came to visit, but the one that has stuck with me is Jeremiah 29:11; "For I know the plans I have for you declares the Lord, "Plans to prosper you and not to harm you, plans to give you hope

Because of the love my APCC family has shown, I will be able to succeed ...  
  
Our APCC family has shown my son and I the true meaning of Ohana.

and a future."

I am scheduled to graduate with a Bachelor's in Business Management in May of this year.

I would not be able to say that if it had not of been for APCC, where I have also been blessed with an internship.

APCC awarded me the \$1,500 scholarship that I needed to finish school and words cannot describe how grateful I am.

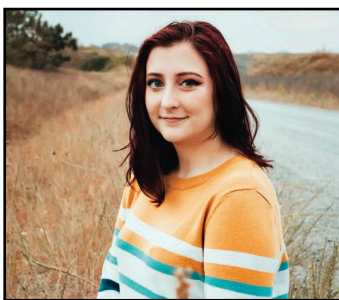
Because of the love my

APCC family has shown, I will be able to succeed. I do not know where I would be without APCC!

Once again, I want to say thank you with extreme gratitude to every person that has a hand in helping this organization. You really are making a difference in so many lives and I will forever be thankful for the difference you have made in mine.

Our APCC family has shown my son and I, the true meaning of Ohana.

# Meet our new interns



Danielle Reid

On Tuesday, Jan. 14, three interns, Danielle Reid, Sharon Gibson, and Makayla M. Wells Holbrook, completed their Care Net counseling training and started their in-



Sharon Gibson

ternship t APCC.

Danielle and Makayla are students at the University of Pikeville and Sharon is a student at Morehead State University.



Makayla M. Wells Holbrook

They will be doing their internships for the spring 2020 semester.

Danielle is originally from Manchester, Ky.

She will be graduating in

May 2020 with a Bachelor of Science degree in communication.

She chose to internship at APCC because she is very interested in nonprofit work.

Sharon is from Virgie, Ky. She will be graduating in May 2020 with a Bachelor degree in Social Work.

She chose to internship at APCC because her professor recommended this facility and she has an interest in working in the non-profit field when she graduates.



# APCC offers 'Earn While You Learn Bible Study'



APCC clients earn items for their baby in the "Earn While You Learn" program.

The Appalachian Pregnancy Care Center provides a program called "Earn While You Learn." This program has

many different modules and curriculum that takes place while clients learn about bringing life into the world.

It provides material needs to help new mothers prepare for baby's homecoming and helps clients "earn" what they buy through learning while participating in the program.

The APCC client meets weekly with the same advocate, which helps develop a meaningful relationship.

The program also offers a Bible study, which deepens and expands our client's understanding of specific Bible passages.

It helps clients sort through hard concepts and gives insight into the context of the Bible. Ideally, our Earn While You Learn Bible study helps meet the spiritual needs of the women we serve.

There is nothing more adrenaline-producing for APCC staff than to share the story of Jesus Christ in our conversations with women facing a pregnancy crisis.



*All Scripture is  
breathed out by God  
and profitable for  
teaching, for reproof,  
for correction, and  
for training in right-  
eousness, that the  
man of God may be  
complete, equipped  
for every good work.  
(2 Timothy 3:16-17)*

# Pike County students lend a helping hand



## Shelby Valley Beta Club selects APCC for annual service project

The Shelby Valley High School Beta Club, under the direction of its sponsor Connie Compton, chose the Appalachian Pregnancy Care Center for its service project for 2020. "We feel blessed to receive so many much needed baby items for our APCC clients," said Director Kay Hammond. Pictured are Nelonna Branham, Isaac Hinkle, Hayden Osborne, Connie Compton, and APCC staff member Anna Jean Morrow.



# APCC clients expecting new baby



Destiny and Drew are expecting their first child. Destiny will be giving birth to a baby girl. She heard about APCC from her mom who noticed some APCC business cards at her workplace. The couple participates in our “Earn While You Learn” program and will continue to participate after the birth of their baby. We look forward to the arrival of their beautiful baby girl!



**When They Don't  
Have The Answers,  
We're Here To Help**

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