



## Our Mission

The Appalachian Pregnancy Care Center exists to affirm the value of life by providing a network of care to those experiencing a pregnancy-related crisis and by compassionately presenting Biblical truth resulting in changed lives for the Glory of God!

## Our Services

- Earn While You Learn
  - Pregnancy Testing
  - Adoption Education
  - Abortion Recovery
- Baby, Maternity Resources
  - Character Education
  - Counseling Sessions
  - Healthy Pregnancy
  - Healthy Relationships
  - Parenting & Life Skills
  - Fatherhood Program
    - Referrals
- Community Presentations
- Doula/Childbirth Educator
  - College & Career Access Counselor
    - Nutrition Classes
  - Monthly Girls Night Out
- Special Circumstances Class
  - Grandparent's Program

## Contact Us

118 Loraine Street  
Pikeville, KY 41501

(606) 433-0700

Email: [apcc2007@att.net](mailto:apcc2007@att.net)



Scan the QR Code to visit our website or donate.  
[appalachianpregnancycare.com](http://appalachianpregnancycare.com)

# FULL CIRCLE:



China Adams learned about APCC when she became pregnant in high school. Now, 14 years later, she has returned to work as an intern.

## APCC Intern Returns Home

**By China Adams  
APCC Intern**

Hello, my name is China Adams. I'm a 33-year-old mother of two boys.

I attend school at Morehead State University full time, I work a full time job in a women's residential treatment facility, and I'm interning at the Appalachian Pregnancy Care Center.

When I was a 17-year-old senior in high school, I found out I was pregnant.

I was terrified!

I had no idea how to be a mom. I had not idea how I

was going to raise a baby.

I had no money. No car. No job. No driver's license.

I started falling behind in my classes, so my high school guidance counselor was talking to me about this pregnancy center that helped young mothers with faith, guidance, resources, and material items. I called them and made an appointment.

In May 2009, my baby boy was born.

I was so scared, yet excited that I had this precious little baby to take care of.

APCC helped me with the material necessities

that I needed, as well as encouragement and guidance into parenthood.

APCC has always been a special place to me.

I have always wanted to give back to the community and help at the center.

It was not until I was looking for an internship that I felt God was leading me here.

Now that my precious baby boy is 14 years old, I'm interning at the very place that helped me find hope in becoming a young mother, and I have faith in myself that I can be a good mom.

*Now that my precious baby boy is 14 years old,  
I'm interning at the very place that helped me find  
hope in becoming a young mother....*

— CHINA ADAMS

# APCC is the Only Pregnancy Care Center Serving Our Region

## A Message from APCC Director Kay Hammond



Virginia (Wise County and Buchanan County), Mingo County and Logan County in West Virginia.

We have served over 8,500 clients, their babies, and families since opening.

The Appalachian Pregnancy Care Center fills a vital need in the many communities we serve.

APCC plays a critical role in meeting the spiritual, emotional, and physical needs of many young women and men experiencing an unplanned pregnancy throughout Eastern Kentucky.

We must ensure that APCC is not left behind and is recognized as an organization vital to the many communities it serves — and will continue to do so going forward.

APCC is the only pregnancy resource center located in the far most part of eastern Kentucky.

We serve 11 Eastern Kentucky counties (Pike, Floyd, Knott, Johnson, Martin, Letcher, Magoffin, Perry, Harlan, Morgan, and Lawrence); and parts of

Our goals are to keep all APCC programs in place to improve the future of children and families by extending our services to help ensure parents and grandparents are committed to and ready for the demanding task of raising the next generation.

We thank you for the wonderful support you have always given to APCC.

With your support, you are ensuring that the best of the best in our region will be represented: Our children — those now living and those yet to be born.

The future prosperity of Eastern Kentucky depends on the strength of our next generation. The children we see before us are our up-and-coming innovators, educators, and leaders.

Thank you for helping us help them.

## THANK YOU, APCC STAFF & BOARD MEMBERS!



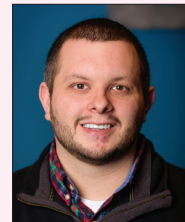
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BRENDA SMITH



BRENDA HALL



ANNA JEAN  
MARROW



CHINA ADAMS,  
INTERN

## We've Helped Thousands of Families!

# APCC, IN THE BEGINNING

By Kay Hammond  
APCC Director

I want to share a short story about the very beginning of the Appalachian Pregnancy Care Center.

In 2007, when the APCC board first opened the doors of the pregnancy center, I was a little discouraged by the lack of giving to help build our ministry.

We had collected \$18,000 in the Baby Bottle Drive

fundraiser to help lease our building.

We had been open for one month and were basically out of money. I am a former librarian who was working as an assistant librarian at UPIKE during this time. I started to wonder if I was the person who needed to be leading APCC.

I walked to the post office, hoping to find a good-sized check in our box, and, to my dismay, the box was empty.

I returned to the

pregnancy center, walked into the back room (which was our designated classroom at the time), and begin to pray for our finances and to inquire of God whether I was the director to lead APCC, or whether our board needed to find someone more qualified.

As I was praying, the front doorbell rang. Bill Baird, a very Godly lawyer, had entered APCC and, to my amazement, he had a

check in his hand. And it was a nice one!

He said (and I quote), "A group of us got together and we like what you guys are doing, and want to help."

I have never looked back!

I tell you this story to let all who read understand that God has his hand on this ministry, and we have been here 17 years.

Supporters, this is your ministry that has thrived for these many years! God bless you and thank you!

## APCC Clients Treated to Early Christmas

We are so thankful for our clients, babies, sponsors, volunteers, and the many communities that make up the family of our organization.

Pictured are our clients and their babies receiving an early Christmas from the family of APCC. Thank you to the many people who make Christmas special through your love and giving. APCC gets to see first-hand how people working together can accomplish much!



# APPALACHIAN PREGNANCY CARE CENTER

2024

16<sup>th</sup> Annual  
Christian  
Community  
Fellowship Golf  
Tournament



**June 21, 2024**

**Green Meadow Country Club**

Due to large number of participants,

**Please RSVP by  
June 7, 2024**

## TOURNAMENT HIGHLIGHTS

- Morning Registration: 7 a.m.
- Shotgun Start: 8 a.m.
- Afternoon Registration: 12 p.m.
- Shotgun Start: 1 p.m.
- Four-Man Scramble Format
- Longest Drive Competition
- Closest to the Pin Competition
- Awards & Trophies
- Tee Favors & Prizes
- Lunch Provided
- \$10,000 Hole-In-One
- Car Hole-In-One
- Single Player: \$50

*(Single players will be placed  
on a team on event day.)*

**For more information  
or to register, please call**

**(606) 433-0700**

## SPONSORSHIP OPPORTUNITIES

### EAGLE SPONSOR **\$1,000**

- Logo on sponsor banner
- Recognition on hole signage
- Recognition in event program
- Foursome

### BIRDIE SPONSOR **\$400**

- Recognition on hole signage
- Recognition in event program
- Foursome

### PAR SPONSOR **\$200**

- Recognition on hole signage
- Recognition in event program

*All proceeds will go to sponsor  
the Appalachian Pregnancy Care Center*



# Safe Haven Baby Box Coming to Pikeville

The Appalachian Pregnancy Care Center is proud to announce that we are moving forward with a plan to place a Safe Haven Baby Box in the City of Pikeville.

If one baby is saved, this endeavor is worth the cost.

This will be the first, and probably, only baby box located in this region of Eastern Kentucky.

We know, alone, we can do little, but together, we can do a lot.

This accomplishment reflects the commitment of community partners working together to create a safer, more caring community, where every child's well-being is prioritized.

The Safe Haven Baby Box will be located at the Pikeville Fire Station No. 3 (156 Hambley Boulevard, Pikeville, Kentucky).

The concept behind the Safe Haven Baby Box is

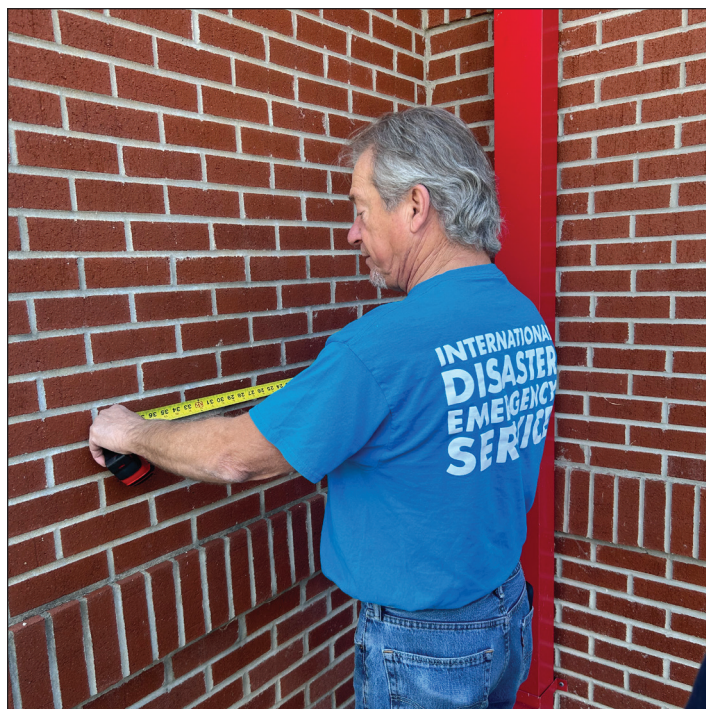
simple, yet powerful.

It aims to prevent infant abandonment by offering an alternative to desperate parents who feel overwhelmed, scared, or unable to care for their child.

This purchase would not have been possible without the support from the city of Pikeville, Pikeville Fire Department, Pikeville Community Foundation, Pikeville Rotary Club, Pikeville Woman's Club, Community Trust Bank, Contractor Steve Treap, and the Appalachian Pregnancy Care Center.

A total of \$18,000 was raised for the project. This money did not go to the APCC, but went to the purchase and installation of the baby box.

Thank you, again, to the City of Pikeville for working out the details and taking on the liability to ensure we can install the box.



Contractor Steve Treap takes measurements for the installation of the Safe Haven Baby Box at the Pikeville Fire Station No. 3, located at 156 Hambley Boulevard in Pikeville. Below, Treap is pictured with Pikeville Fire Chief Johnny Cole.

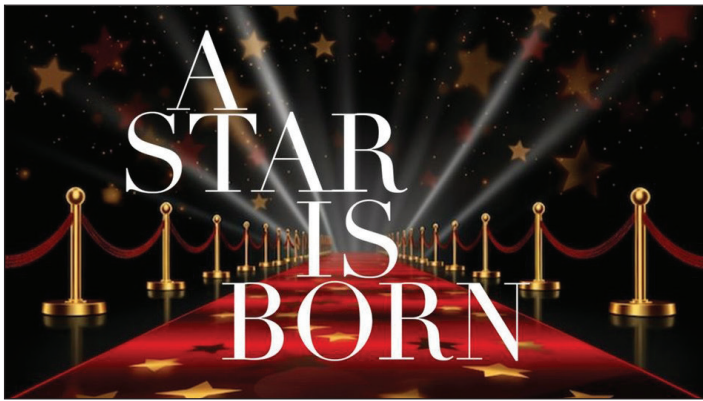


**WANT TO LEARN MORE ABOUT APCC?**



[appalachianpregnancycare.com](http://appalachianpregnancycare.com)

# ROLL OUT THE RED CARPET FOR LIFE!



The paparazzi were ready and waiting for us on February 1, 2024, at the Appalachian Wireless Arena in Pikeville for the 11<sup>th</sup> Annual Appalachian Pregnancy Care Center's Banquet for Life!

This year's theme — Old Hollywood — inspired attendees with nostalgia for the grandeur and splendor of the bright lights and big screen era!

With the lavishness of the red carpet and broad strokes of the spotlights, everyone

felt like a movie star on the old silver screen!

The magnificent *Walk of Fame* proudly showcased the center's main attractions: APCC Babies. The heartbeats of life and love!

This year's glamorous event featured star-studded quality entertainment, fancy food made with a flair, a live and silent auction, and all the razzle-dazzle fun one evening can provide!

A big thank you to all our sponsors who made this event possible!



# NOTHING SHORT OF A MIRACLE

People who came to the Appalachian Pregnancy Care Center's Banquet for Life in February learned about two very special clients.

Our guest speaker was Rose Bentley, grandmother of twins Audrey and Amelia.

Rose shared the story about what happened when her daughter, Sabrina Cochran, became pregnant.

In January 2022, Sabrina was diagnosed with a rare pregnancy condition called twin-to-twin transfusion syndrome (TTTS), in which twins share one placenta (afterbirth) and a network of blood vessels that supply oxygen and nutrients to the babies.

When this happens, one twin becomes the "donor twin," and gives away more blood than it receives to the other twin. The "donor twin" risks malnourishment and organ failure.

Rose explained what happened when Sabrina was sent to hospitals in Lexington and Cincinnati, Ohio:

*We had to be there every Monday for multiple tests and meetings with groups of physicians.*

*Through these tests, we learned that Audrey, the donor baby, had some heart issues that would need to be addressed when she was born.*

*Each week, we would head home crying and praying that God would see this pregnancy through to the end.*

*Each week, they would try to convince Sabrina that this was the time to either do a cord coagulation or termination of one or both fetuses.*

*And since Audrey already had a heart issue, she was the only one they targeted in every conversation.*

*Sabrina repeatedly told them that she didn't believe in abortion.*

*They would quickly correct her and say they don't use that word.*

*Strange thing — if she did agree to*

*Each week, we would head home crying and praying that God would see this pregnancy to the end.*

*Each week, they would try to convince Sabrina that this was the time to either do a cord coagulation or termination of one or both fetuses.*

— Rose Bentley

*the surgery, she had to go to another hospital because they didn't perform the procedure at their hospitals.*

*We were told our girls would have limited mobility, if any, and would more than likely be non-verbal, due to special needs.*

*Sabrina stood strong in her beliefs and told them God would take care of her babies, and that, only if it became life-threatening to her, would we discuss it.*

*Week after week, it was the same speech.*

*They could only offer the procedure up until 24 weeks. After that, it was no longer an option. She needed to go ahead and make a decision.*

*Sabrina stood her ground every time.*

*Upon her release from their high-risk program at 24 weeks, due to a healthy pregnancy, we had two doctors tell us that Sabrina renewed their faith in God.*

*Because she was steadfast in her plan and knew God would see her through.*

*This experience has taught us so many things.*

*Most importantly, doctors know what they have been taught and they use their knowledge to treat you the best they can.*



Rose Bentley, left, poses with her daughter, Sabrina Cochran, right, and Sabrina's twins, Audrey and Amelia, who are sitting in a stroller that APCC provided them.

*Trust in God.*

*He is the ultimate physician.*

*Not all stories have a happy ending, but we are so thankful for ours.*

Audrey and Amelia were born at 34 weeks, with Audrey weighing 3.8 pounds and Amelia weighing 4.1 pounds.

Audrey had open heart surgery when she was three months old.

Both girls are doing well now. They are 19 months old. They are very happy and they are loved very much.

**Thanks to All Those Who Help APCC Help Families Like This One!**

# CHANGE FOR LIFE BABY BOTTLE DRIVE

## FROM MOTHER'S DAY TO FATHER'S DAY

Thank you for considering our Baby Bottle Drive. It's a fun, easy, and very effective way to truly make a "Change for Life!"

This program has a lasting effect in the lives of women and babies, giving them an opportunity to learn, grow, and choose life. It may seem small, but the impact is huge.

## YOU DON'T HAVE TO COUNT, SORT, OR ROLL!

APCC does it all! We ask that you prayerfully consider hosting a baby bottle drive for your church or organization. We appreciate your continued support, as this is a crucial part of our fundraising income!

To register your church or organization, call APCC at (606) 433-0700. If you have any questions or would like an APCC representative to speak at your church or organization, email Kay Hammond at [apcc2007@att.net](mailto:apcc2007@att.net).



## FROM MAY 12 TO JUNE 16

## IT'S AS EASY AS 1-2-3!

1. Call us at (606) 433-0700 to order your bottles. There's no cost to you.
2. Distribute empty baby bottles on Mother's Day (May 12), to your church congregation or organization.
3. Ask participants to return filled bottles on Father's Day (June 16).



**SERVING FAMILIES WITH  
HOPE & PRAYER  
SINCE 2007!**

US Postage Paid  
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Pikeville, KY 41501

Appalachian Pregnancy Care Center  
118 Lorraine Street,  
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