

Like to schedule a presentation by our staff at your church, non-profit, business, club or organization? Call us!



**Appalachian Pregnancy Care Center**

193 Main Street, Pikeville, KY 41501

Phone: (606) 433-0700

Web: [www.appalachianpregnancycare.com](http://www.appalachianpregnancycare.com)

Email: [apcc@setel.com](mailto:apcc@setel.com)

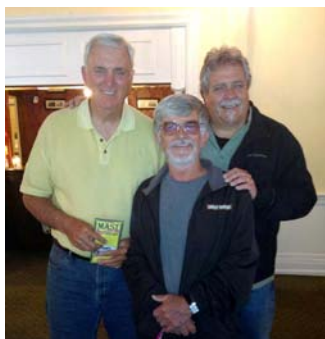
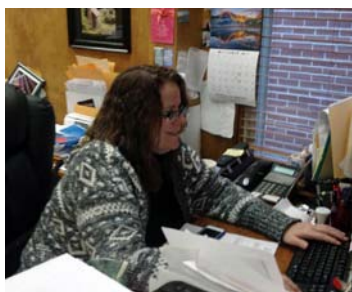
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**Volume 6, Issue 1  
Spring 2013**

**VOLUNTEERS are**

**LOVE  
IN MOTION**



## **Appalachian Pregnancy Care Center Volunteers and the Local Church**

Without volunteers, prayers and the resources of local churches, the ministry at APCC would cease to exist.

Crisis pregnancy centers, often staffed by volunteers, are havens of life-saving support for some women. One client at the Appalachian Pregnancy Care Center said, "I felt so loved after you prayed for me that I just really wanted to feel that again so I kept coming back."

Baby items like clothing, diapers and wipes come from church donations and drives. We absolutely could not operate without the partnership of our volunteers and churches.

The church existed for nearly 2,000 years before the first pregnancy center was founded. The commission given to the church in Matthew 28:19-20 was, "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

The goal of the Appalachian Pregnancy Care Center is not just caring for pregnant women and advocating for the lives of their babies. Ultimately, the focus becomes sharing the love and good news of Christ, so that women like our client mentioned above can find the spiritual care they desperately need.



**Kay Hammond**  
Executive Director

## All About Us

The Appalachian Pregnancy Care Center provides a much-needed pregnancy counseling service to our region.

Our center is located at 193 Main Street in Pikeville and was established to offer services and support for women, teens and families facing the uncertainty of unplanned pregnancies. By making help and services available to those who need it, coupled with a sense of care and compassion, the center aims to offer a viable alternative to abortion.

Last year's "Baby Bottle Brigade" was extremely successful. Thanks to the many contributions from churches, organizations, businesses and individuals, the drive yielded approximately \$47,000 to be used by the center for many of its monthly expenses and other activities conducted for our clients.

To date, the center has served 1000 participants, from 11 counties and three states, and has had over 300 babies born under the blanket of APCC.



One of our former clients, Victoria Wilson and her daughter

# What the Center Means to Me

## I Now Have a Plan for my Future

Crystal Hamilton, 34 year old mother of Shane 9 and Luke 6 months, holds an associate degree in Applied Science, yet has not been able to find a job that would support her and her two children. She completed her degree owing twenty thousand dollars in student loans. "I wasn't that worried about taking on debt because I thought with an associate degree I could get a job," said Crystal. In reality once Crystal graduated she could only find part-time or extremely low paying jobs, none of which were enough to support herself, her children or to pay off student loans. "I found I needed additional classes to obtain my bachelor degree", said Crystal.

"I felt like such a failure because I had no means of paying these loans. Then I heard about the Appalachian Pregnancy Care Center where the ladies at the center introduced me to the "Life Skills



Crystal Hamilton and her son Luke

Curriculum," said Crystal. The curriculum is designed for pregnant girls and single parents to help them become self-sufficient. APCC provided Crystal with valuable resource information, and told her about the Scholar House of Central Appalachia and its mission to help single parent families who are facing uncertainty, poverty, homelessness

or financial insecurity by providing the support necessary to earn a college degree.

Crystal stated, "I now have a plan because of APCC. I have signed up to live in the Scholar House this fall and will enroll at the University of Pikeville to complete my bachelor degree. Thanks to APCC I have a plan for my children and me".

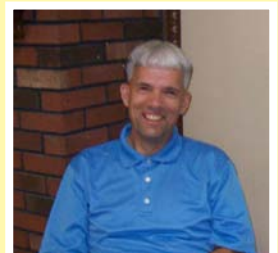
## Board Members are Special



Linda Crum



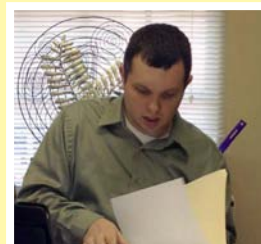
Cathy Justice (L) and Lula Ford (R)



Bob Finch



JR Blackburn



Paul Potter



Lynette Schindler

# University of Pikeville School of Osteopathic Medicine OB/GYN Department Hosts Award Dinner

The University of Pikeville School of Osteopathic Medicine OB/GYN Department hosted an appreciation dinner for the volunteers, clients and board members of the Appalachian Pregnancy Care Center on Tuesday, April 30, 2013 at the Garfield House in Pikeville. The dinner was well attended. "Having the community and students supporting our efforts was truly a blessing," stated Executive Director, Kay Hammond.



Volunteers present were presented Certificates of Appreciation.



## Rogers Scholar Project Nets Diapers and Wipes for Appalachian Pregnancy Care Center

Courtney Wright was selected as 2012-2013 Pike County's Rogers Scholar last May, and attended a week-long camp in Somerset, Kentucky in June. As part of the criteria for completion of the program, it was necessary for her to select a community service project to be completed by the spring of 2013. Courtney identified her project as "Diaper and Wipe Drive" in support of the Appalachian Pregnancy Care Center. She outlined the scope of the project including timelines and presented it to the Shelby Valley High School Principal, Greg Napier. Mr. Napier granted approval of the project and sent an e-mail to all teachers encouraging

their assistance with involving the students. The teachers agreed to allow bonus points for students that brought in diapers and wipes in support of the project. Due to the overwhelming response, Ms. Connie Compton offered her classroom to be used as a collection site until the end of the project. The original thought was that Courtney would collect all the diapers and wipes and deliver them to the center in her car; however, it was necessary for a pick-up truck to be used for the delivery. An appreciation was extended to Principal Napier, teachers and students of Shelby Valley High School for their participation in this meaningful project.



Courtney Wright, 2012-2013 Pike County Rogers Scholar

Kay Hammond, Executive Director of the Appalachian Pregnancy Care Center said, "We are truly overwhelmed by the outpouring of love and

support from Shelby Valley High School and Courtney Wright. Volunteerism at its best has been displayed in their actions."

## Sew-N-Love Presents Diaper Cakes to Appalachian Pregnancy Care Center

Jan Joseph and Tanya Parker from Fitzpatrick Baptist Church in Prestonsburg, KY delivered ten beautiful diaper cakes made by the quilting group, "Sew-N-Love" to the Appalachian Pregnancy Care Center. The diaper cakes contain baby items for newborns. The "Sew-N-Love Quilting Group" meets on Tuesdays at Fitzpatrick Baptist Church from 6:00 to 8:00 p.m. Jan Joseph quoted Matthew 25:40, "Verily I say unto you, inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me." Jan and Tanya said, "Creating the diaper cakes was an act of love for the least, the babies of APCC."



L-R: Tanya Parker and Jan Joseph

## Pike County Quilt Guild Sews for Babies

A group of ladies meet the second and fourth Monday of every month at the Pike County Extension Office to quilt. The "Quilt Guild" has been showering babies with love at the Appalachian Pregnancy Care Center from the early days of its existence. The new quilts go into layettes for first time mothers and their babies. Hundreds of babies have been warmed through the hands of the Pike County Quilting Guild. APCC Director Kay Hammond said, "I see new mothers bring their baby in for their first visit after birth and they have the baby wrapped in the new quilts. What

a blessing these women have been to APCC clients and babies." The beautiful layettes are made by two of our much appreciated volunteers, Dee Potter and Judy Lester. "We could not accomplish half of our services without volunteers," said Kay Hammond, APCC director.



L-R: Judy Lester and Dee Potter

## Oklahoma Quilter Lois Huizar Reaches Out To APCC

Lois Huizar, a resident of Midwest City, Oklahoma and cousin to Appalachian Pregnancy Care Center volunteer Sarah Chaffin donated a beautiful, handcrafted quilt to APCC. The quilt was made by her quilting group, "Quilting With Grace" and given to the center to raise money through ticket donations. Tickets for the quilt can be purchased at APCC. A one dollar donation will purchase one ticket and a five dollar donation will purchase six tickets. The drawing for the quilt will be held on December 10, 2013. The Appalachian Pregnancy Care Center wishes to thank Lois and the ladies from "Quilting With Grace" for their outpouring of love to our organization.



## NEW LIFE SKILLS PROGRAM OFFERED AT APCC

The Appalachian Pregnancy Care Center is offering an additional "Life Skills Curriculum". This curriculum is designed for pregnant and parenting high school and college students. It enables them to become self sufficient by providing them educational support to complete high school and higher education; the curriculum also shows them how to organize the physical day-to-day routines of young children, teaches basic infant needs such as bathing, diapering, dressing, feeding, lifting, carrying and playing with their baby. It covers communicating with their child, finding a job, running a household, effectively managing money and time and ultimately become a contributing member of the community. "We are so excited to offer the life skills program, a compass to help pregnant teens navigate their future," stated APCC Executive Director, Kay Hammond.



Taylor Murphy is enrolled in the Life Skills Curriculum Program now offered at APCC

## Bowling for Babies

Recently, Appalachian Pregnancy Care Center Director, Kay Hammond accepted a \$200 donation from the Christian Fellowship League of Williamson (CFLW), West Virginia. The organization is an interdenominational group that supports local non-profit charities. The group meets on Thursdays at the Hatfield-McCoy Recreational Center in the outskirts of Williamson. The members meet and have a time of spiritual fellowship, followed with prayer before participating in the bowling league. Each member donates ten dollars for charity, a practice that is continued weekly from August through May. The total amount raised is discussed before a decision is made by the entire group about which particular charities they will sponsor. Howard Phillips, member of the CFLW said, "Since we are a Christian League, we want to give back to others." Following the presentation, Hammond stated, "The Appalachian Pregnancy Care Center feels honored to be selected as one of the charities to receive a donation".



L-R: Christy Thacker, Howard Phillips, Kay Hammond and Audrey Lowery

## PARENT POWER: PROTECTING YOUR CHILD IN 2013

The Appalachian Pregnancy Care Center participated in the Families First/Community Collaboration for Children Workshop. Parent Power was a one day workshop for parents and professionals to learn more about issues that affect our children daily.

The conference was held March 19 at the Big Sandy Area Development District in Prestonsburg, KY and on March 20 at the Paintsville Recreation Center in Paintsville, KY. Speakers included representatives from Prevent Child Abuse Kentucky, Judi's Place for Kids, Appalachian Pregnancy Care Center and the Kentucky State Police.

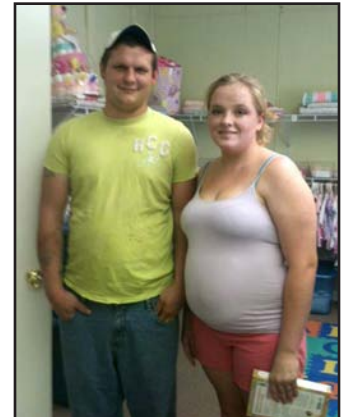
Kay Hammond shared with parents how to stay connected with their teens, helping them say no, building for the future, bullying and internet safety and sexting. The Darkness to Light training was also provided.

## Missouri Baptist Association helps APCC Client and Baby

Harlee Holbrook's son, Josh Bowling, is eight months old and has always slept in a playpen. But thanks to Harmony Baptist Association from Voldelma, Missouri, Josh now has his own bed. Harlee is a sophomore in high school and did not have the resources to purchase a bed. Appalachian Pregnancy Care Center only had the bed for one day. Shawn and Brandi, regular clients of the APCC who would have had first claim to the bed, told Harlee about the Center and the available bed. They also needed a bed but, because their baby has not been born yet, they decided to give the bed to baby Josh since he did not have one. Kay Hammond, Director of the Appalachian Pregnancy Care Center, said, "I am amazed every day at the goodness of God and how He works through so many people, like those in Voldelma, Missouri who have never even visited the Appalachian Pregnancy Care Center."



Above: Harlee Holbrook and her son Josh Bowling  
Below: Shawn Bailey and Brandi Bowling



## Sanctity of Human Life Day Celebrated

On January 16, 2013, Judge Wayne T. Rutherford issued a county proclamation designating January 20, 2013 as National Sanctity of Human Life Day. The proclamation states,

"Whereas every life possesses inherent dignity and value; and whereas the Appalachian Pregnancy Care Center in Pikeville also protects the sanctity of life by providing young women with loving alternatives and protections for themselves and for their unborn babies, I Hereby proclaim January 20, 2013 as 'Sanctity of Human Life Day' in Pike County."



L-R: Christy Thacker, Kay Hammond, Judge Wayne T. Rutherford, Carolyn Hall VISTA Volunteer, Brenda Smith VISTA Volunteer and Marissa Spears

# APCC Presents Program at Southeast Kentucky Chamber of Commerce Leadership Conference on Healthcare

Executive Director, Kay Hammond spoke to the Southeast Kentucky Chamber of Commerce Leadership Conference on Healthcare at Pikeville Medical Center. The conference was set to explore different issues in healthcare in the region of Southeast Kentucky. Hammond spoke about the mission of the Appalachian Pregnancy Care Center and what the agency has meant to this community since its founding in October of 2007. Hammond also shared information about fundraising opportunities such as the upcoming Baby Bottle Campaign, the golf tournament and the "Ride for Life" motorcycle ride. She invited those in attendance to join in the fundraisers.

Following Hammond's comments about what APCC

does for the community, she introduced intern Sandra Flores, and former client Olivia Thacker. Flores spoke about her personal experience growing up in a single parent home. Her mother and father were very young when they got pregnant and this made it difficult for them to take care of a new infant. Flores' father raised her and always encouraged her to go to college. She said that if there had been a pregnancy center like APCC in their area, her mom and dad would have gotten the support they desperately needed.

APCC former client, Olivia Thacker, came to the pregnancy center as a sophomore in high school when she found out she was pregnant. She shared her story, allowing those attending the conference to put a face to the client

tele that come through APCC. Thacker is now attending the University of Pikeville and made the Dean's list during her first semester, something that she says she would have never dreamed about without the support of the center and especially its executive director, Kay Hammond.

Those present at the conference were especially touched by the remarkable stories of the two young women. They were very receptive to the initiatives of APCC and several even talked to Hammond afterward about volunteering



Olivia Thacker, a former client of APCC

or helping with fundraising. Overall, presenting at the conference was an opportunity to let more people throughout Southeast Kentucky know about the center. Hopefully APCC will be able to serve men and women not only in Pike County, but throughout the region at large.

## Pregnancy Center Hosts Elon University Students

APCC hosted two college interns in January to assist in the pursuit of their Human Service Studies degrees. Both Brooke Winters and Sandra Flores came to the Pikeville area with a group of students from Elon University located in Burlington, North Carolina. The Elon students were hosted by the University of Pikeville and placed as interns in various agencies around the city.

Brooke and Sandra enjoyed talking with the staff at APCC and learning about the services and different community outreach initiatives in which the Appalachian Pregnancy Care Center is involved. Sandra had the opportunity to travel with Christy Thacker and spoke to the Women's Missionary Union about her experience growing up with a single father. Brooke attended the Scholar House of Central Appalachia meeting at the University of Pikeville, where she had the opportunity to learn about the initiative and the future of the project.

Both Brooke and Sandra sat in on appointments with clients and examined the educational materials and curriculum used by the center. Both interns learned about positive alternatives and opportunities that come with unplanned pregnancies. They developed a deep respect for the women involved with the center, clients, workers and volunteers.



R-L: Sandra Flores and Brooke Winters, Elon University students

## Our Mission

The Appalachian Pregnancy Care Center exists to affirm the value of life by providing a network of care to those experiencing a pregnancy-related crisis and by compassionately presenting Biblical truth resulting in changed lives to the glory of God.

## Our Vision

The Appalachian Pregnancy Care Center strives to provide Christ-like compassionate support to families experiencing crisis pregnancies.

## Our Services

**All Services are FREE**

Pregnancy Testing  
Earn While You Learn  
Baby /Maternity Resources  
Abstinence Education  
Abortion Recovery  
Adoption Education  
Bible Studies  
Counseling  
Healthy Marriage  
Healthy Pregnancy  
Fatherhood  
Parenting  
Community Referrals  
Community Presentations  
And much, much more!

## Our Hours

**Tuesday - Thursday**

10 a.m. - 4 p.m.

**Friday** 10 a.m. - 8 p.m.

## Contact Us

(606) 433-0700

apcc@setel.com

Visit us on the web @ [www.appalachianpregnancycenter.com](http://www.appalachianpregnancycenter.com)

[appalachianpregnancycenter.com](http://www.appalachianpregnancycenter.com)



# Pike County Community Early Childhood Council a Voice for APCC

The Pike County Community Early Childhood Council (PC-CECC) awarded a mini grant of four hundred dollars to the Appalachian Pregnancy Care Center to pay for the printing of its newsletter. In Kentucky, school readiness means that each child enters school ready to engage in and benefit from early learning experiences that best promote the child's success. We must all work together to achieve school readiness, even as early as infancy. The Kentucky Governor's Office of Early Childhood represents Kentucky's youth, its most precious assets! Families, early care and education providers, school staff and community partners must work together to provide environments and developmental experiences that promote growth and learning to ensure that all children enter school eager and excited to learn. APCC believes that early experiences can help a child to be more prepared, to be ready to grow, ready to learn and ready to succeed! Thank you PCCECC for helping our voice to be heard throughout Eastern Kentucky.



## APCC Receives Award

Established in 1987, the East Kentucky Leadership Foundation has brought together leaders and community members from all walks of life throughout Eastern Kentucky to solve various problems of our area. The conference goals are to make everyone a speaker, listener and most importantly, an effective leader. The 26th Annual East Kentucky Leadership Conference was held in April in Bell County, Kentucky. The good news from the Leadership Foundation was that this year the board of directors voted to present the Organization Award to the Appalachian Pregnancy Care Center. This award is given to individuals and organizations that provide a needed service to the region.

Each year these awards go to East Kentuckians who have made outstanding contributions in public service, arts and culture, media and civic participation. Other award winners have included musicians, artists, journalists, writers and the occasional politician.

"APCC is thrilled to receive the award. I thank all of our volunteers, community members, businesses, board members and churches that have supported our mission," said Director Kay Hammond.



R-L: Brenda Smith, Christy Thacker, Kay Hammond, Donna Hess and baby Jayden Stiltner (APCC client) and Carolyn Hall

## APCC Supports the "The Kentucky Memorial for the Unborn"

A healing and living garden is being established in historic Frankfort Cemetery as a unique place of closure for those who have lost unborn children. This special place of closure will provide grieving families the opportunity to finally lay their children to rest.

The memorial will be located in a beautiful, secluded section of the cemetery, and will serve family members whose hearts have been broken by abortion, miscarriage and stillbirth. Individuals who have suffered the loss of an unborn child and were not able to have a proper burial can inscribe loving words of dedication on a granite memorial wall.

The dedication and ribbon-cutting ceremony for the Kentucky Memorial for the Unborn was held on May 6, 2013. The Appalachian Pregnancy Care Center will receive recognition on one of the brick pavers which will line the path leading to the monument.

### APCC Appreciates our Churches that Provide Monthly Financial Assistance!

Aflex Baptist Church, Cornerstone Christian Church, Faith Baptist Church of Myra, Forest Hills First Baptist Church, Highland Church of Christ, Jubilee Christian Assembly, Little Paint First Church of God, Marrowbone Missionary Baptist Church, Mayflower Unity Baptist Church, McVeigh Baptist Church, Sidney Missionary Baptist Church and Virgie Baptist Church



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## *How You Can Help*

Pray

Send a one-time gift

Become a monthly supporter

Volunteer

(counseling, clerical duties,  
Bundle of Joy worker and many  
other opportunities to serve)



### REMINDER:

Don't forget to turn  
in all your baby  
bottles!

Small change  
can make a BIG  
difference in the  
life of a child.

**SAVE THE DATE!**

**APPALACHIAN  
PREGNANCY  
CARE CENTER**

**2013**

**GOLF**  
FORE

**Life**

**AUGUST 17, 2013**  
**Elk Run Golf Course**  
(formerly Mountain Pub Links)  
**6th Annual**  
**Christian Community**  
**Fellowship Golf**  
**Tournament**

APCC Motto *"Before I formed you in the womb, I knew you; Before you were born, I set you apart."* Jeremiah 1:4-5