



Appalachian Pregnancy Care Center

193 Main Street, Pikeville, KY 41501



Phone: (606) 433-0700

Web: www.appalachianpregnancycare.com

Email: apcc@setel.com

Fax: (606) 433-0710

Banquet for Life a Great Success!

Thanks to everyone who helped!

The much anticipated "Banquet for Life" event came to life on Feb. 8, 2014.

The banquet was the first of its kind in the history of the Appalachian Pregnancy Care Center.

The event not only allowed the center to raise much needed money for ongoing services, but it also helped raise a level of awareness within communities, increased volunteers, and gave people an opportunity to give financially to the APCC.

The fundraising and awareness banquet brought together people from the business community, government, the Christian community and the media. The event was well attended with over 500 people present.

It would not have been possible without the Banquet for Life Committee, volunteers and sponsors.

APCC wishes to thank all those who participated!



All About Us

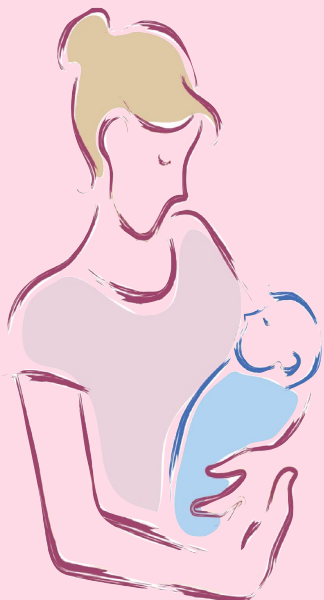
The Appalachian Pregnancy Care Center provides a much-needed pregnancy counseling service to our region.

Our center is located at 193 Main Street in Pikeville and was established to offer services and support for women, teens, and families facing the uncertainty of unplanned pregnancies.

By making help and services available to those who need it, coupled with a sense of care and compassion, the center aims to offer a viable alternative to abortion.

Last year's "Baby Bottle Brigade" was extremely successful. Thanks to the many contributions from churches, organizations, businesses and individuals, the drive yielded approximately \$47,000 to be used by the center for many of its monthly expenses and other activities conducted for our clients.

To date, the center has served 1,000 participants, from 11 counties and three states. There have been 300 babies born under the blanket of APCC.



What APCC Means to Me

The Appalachian Pregnancy Care Center encompasses hope. Hope can hold different meanings to everyone. Hope is to wish for something with expectation of its fulfillment and to have confidence and trust.

When my husband Nicholas and I were blessed with an unexpected pregnancy shortly after relocating to rural Appalachia knowing no one here, the very friendly staff of APCC provided us with the support, or rather, the hope we needed to get through one of the most exciting, yet scary times of our lives.

The ladies of APCC helped us to understand some of the more daunting parenting skills, like breast feeding, what labor is really like and how to prepare for baby's arrival.

They taught us to wish for fulfillment in our pregnancy, and helped to build confidence in our parenting skills, while helping us trust ourselves, ensuring us we will be the best parents we can be.

APCC supported us when we had little to no emotional, psychological, spiritual or monetary support. APCC has always been available for anything we needed, always welcomed us with a smile, and more importantly, allowed us to be a part of their family.

The APCC is the embodiment of hope for growing families in need, and we are so very grateful for all the support we have, and will continue to receive.

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— Lacey J. Clark-Decker
B.S., M.E., OMS-1



Message from the Director

Being a good mother is one of the toughest jobs in the world, and it's almost impossible when you are young, maybe homeless, or without family.

Our Life Skills Program was created to help these determined mothers and pregnant teenagers secure a brighter, more stable future for themselves and their babies.

Appalachian Pregnancy Care Center counselors motivate each mother to work hard toward achieving independence. Our counselors are available to help them create a plan for their future by lending an ear, offering advice or sometimes by being a stern voice, if circumstances calls for it.

Participants in the "Earn While You Learn Program" attend workshops in parenting skills, child-bearing, and single parenthood. We work to make sure the girls understand the importance of leading a healthy lifestyle, both for themselves and their children.

APCC'S "Earn While You Learn Program" also partners with the Scholar House of Central Appalachia, which offers free on-site day care so that our mothers can complete their education.



Kay Hammond

Pikeville-Pike County Ministerial Association and APCC Work Together to Change Lives

God is doing amazing things in Pike County and He is using the Pikeville-Pike County Ministerial Association to serve His purpose by bringing people, churches and ministries together.

The Appalachian Pregnancy Care Center is not only saving babies and promoting life, but also partners with the Pikeville-Pike County Ministerial Association to unite the body of Christ to change our community.

Together we are able to make a difference in the lives of people in Pike County and work together to fulfill God's plan and purpose.

Supporting the ministerial association is investing in more than just a cause; it is investing in a movement that will change the destiny of Pike County residents!



The Tuesday Night Miracle

By now, many of you have seen the program that celebrated the 95th birthday of Billy Graham.

Kay Hammond was privileged to join with Latosha Friend and members of the First Baptist Church of Pikeville to present a program called, "My Hope with Billy Graham." Over 100 young girls came to the program. They were APCC clients, University of Pikeville Baptist Christian Ministry members, girls from the UPIKE bowling team and Zeta Sigma Chi and Delta NU sororities.

The program was based on the ministry of the disciple, Matthew, who used his own home to spread the gospel.

We followed his example by sharing food with lost family members, friends and neighbors, by watching the video of Dr. Graham and giving testimonies.

Sixteen unsaved girls prayed the prayer of salvation and gave their hearts to Christ.

Many thanks to First Baptist Church of Pikeville for all their help in making this event possible and for the wonderful food!



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Debby Bailey and Brenda Smith

WestCare Clients Give Back to the Community

Clients from WestCare's female substance abuse program in the Pike County Detention Center recently made tote bags for APCC mothers.

In addition to program requirements, WestCare clients have a creativity class in which they are able to express their feelings through art or other creative projects.

One of the projects came to life when a lady expressed an interest in giving back to her community.

A WestCare client told Director Debby Bailey that she lost her six -week-old-son to Sudden Infant Death Syndrome last year. She had a very difficult time even talking about his death.

She said while she was in the University of Kentucky Medical Center, she was given a keepsake box containing the baby's personal items.

The box meant a great deal to her and she wanted to make something to give to new mothers at the Appalachian Pregnancy Care Center.

A call to APCC revealed a need for tote bags. Thus began an enthusiastic project that was not only therapeutic for this young woman who lost her son, but also served as a way for each woman to have an opportunity to give to the community.

APCC Executive Director Kay Hammond said, "Our mothers are very thankful for the tote bags and have been told the story of one mother's journey to express love and compassion to other women."

APCC Blessed by Vision Tour



The Pulaski County Women's Missionary Union selected APCC as one of the sites for a vision tour. Sharon Fields, leader of the group found Appalachian Pregnancy Care Center on the Kentucky Baptist Convention's website under WMU vision tour. Sharon spread the word that a group was planning a trip to Eastern Kentucky to visit the Appalachian Pregnancy Care Center. Ladies from Bethel Baptist and Campground Baptist joined the group for the tour.

"We had such a good visit with Kay Hammond at the Appalachian Pregnancy Care Center learning about the ministry of helping young ladies that find themselves in an unplanned pregnancy," stated Ms. Fields following the visit.

Youth ministry learning to serve



The major changes youth leaders face today is to orientate our young people from a consumer mentality to an attitude of service. Moving from spectators only, to participants in demonstrating Christ's compassion for the world, bringing Good News to those who have never heard it and engaging in sacrificial service. Neon First Church of God Youth Group displayed such an act of sacrificial love toward the Appalachian Pregnancy Care Center by showering clients with layette items for their newborn babies.

APCC Hosts 6th Annual Golf Tourney

Twenty two teams, consisting of 84 eager golfers, teed off at the Elk Run golf course on August 17, 2013, following opening remarks by Tournament Chairman Harold Ray and APCC Director Kay Hammond.

The scramble was held as a fundraiser for the Appalachian Pregnancy Care Center in Pikeville.

Trophies, golf balls and other prizes were awarded to the top players and teams.

First place winners were Harold Ray, Brad Damron and Noah Damron.

Second place winners were Toby Newsome, Mike Newsome, Shannon Newsome and Ronnie Newsome.

Ranking third place were Steve Lockhart, Zach Lockhart, Bailey Lockhart and Jake Sokol.

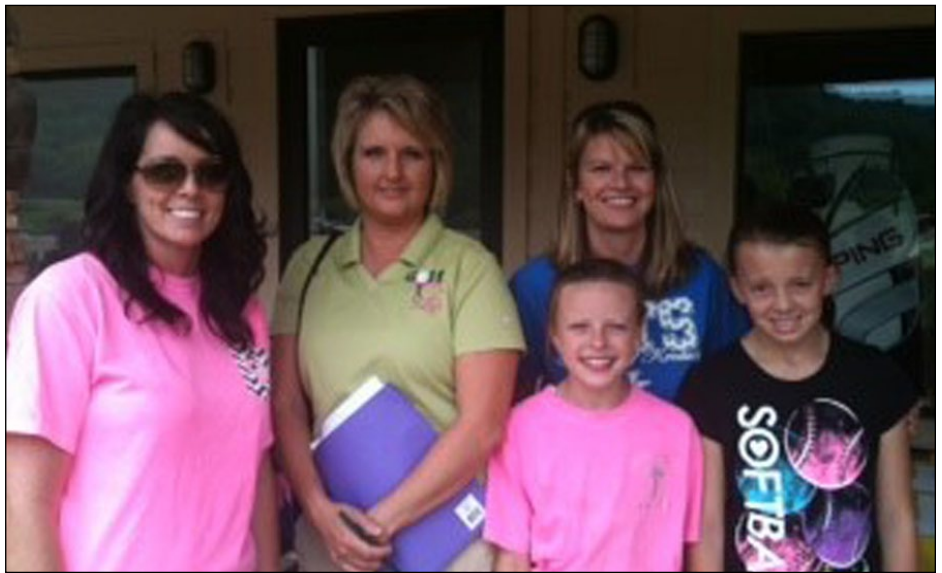
All golfers received a "tee" bag containing various items. Prizes donated by local businesses and individuals were also given to participants.

A delicious lunch was prepared by men of the Pikeville Freewill Baptist Church. Drinks were donated by Coca-Cola and Pepsi Cola Bottling Company. Signs were made by Kay Keathley of Custom Signs. Program designed by Teresa Smith. APCC volunteers registered golfers and assisted throughout the day.

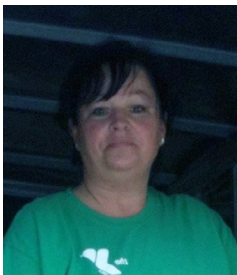
Walters Chevrolet provided the special "Hole-in-One" new car give away and J&M Monitoring sponsored the Million Dollar Shootout. No one was able to sink the hole-in-ones, but that did not dampen the spirits of the players.

In addition to Chairman Ray, the 6th Annual Appalachian Pregnancy Care Center Tournament committee consisted of: Jim Patton, Eugene Blackburn, David and Judy Lester, Bob Finch, Ronny West, Dave Pacific, Jone Goodman, Teresa Smith, Christy Thacker, Audrey Lowery and Kay Hammond.

Special thanks are extended to all tournament sponsors. Also, thanks to Jim Patton and Elk Run golf course staff for help in making the tournament a success.



Volunteers Make a Difference



Beth Tibbs

For a full time worker, it seems unlikely that one would take time out of his or her busy schedule to volunteer, but APCC volunteers believe that doing just that is a part of their civic duty.

Volunteering makes a difference in the community. "It is one of those things that leave you with a good feeling," said Beth Tibbs. She is an employee at the Pikeville Area YMCA. Beth makes a trip to CAP (Christian Appalachian Project) for the YMCA and the Appalachian Pregnancy Care Center monthly.

Volunteering does not only make a difference in the community, but it changes one's perspective on what is important in life. Beth says that volunteer work reminds her that the world is much bigger than her.

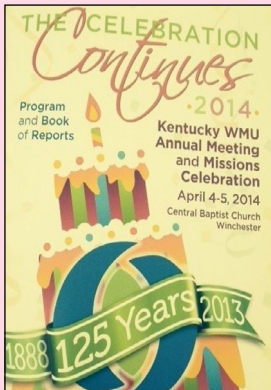
She encourages everyone to find something they are passionate about and become involved.

"Volunteer work may seem simple to one but means so much to those who are offered help in time of great need," APCC director Kay Hammond said.



Thanks to everyone who helped!

The Celebration Continues



The Kentucky WMU annual "Meeting and Missions Celebration" held at Central Baptist Church in Winchester, Kentucky on April 4-5, 2014 was truly a miracle celebration of 125 years of operation.

APCC Executive Director Kay Hammond led three breakout sessions on the work of APCC. Participants in learned how the ministry helps women and families facing a crisis pregnancy in Pikeville and surrounding counties. Hammond said, "I felt blessed to be a part of the 125 year celebration of Baptist women who have made such a difference in the lives of so many people."

Mother, Daughter participate in 'Earn While Your Learn'



Patty Young and Amanda Chafin participated in APCC'S "Earn While You Learn Program." Patty, mother and support person of Amanda, attended the child-

birth classes offered through the program with Amanda. Patty said, "Amanda was really nervous about the delivery of her first child, but watching the DVD's about childbirth offered at the center has helped her overcome the fear." "Watching the DVD's on childbirth has eased my mind and has helped educate me about the delivery," Amanda commented.

ACOOG Helps APCC



This year, the University of Pikeville-Kentucky College of Osteopathic Medicine's chapter of American College of Osteopathic Obstetricians and Gynecologists (ACOOG) has volunteered for the Appalachian Pregnancy Care Center in many different ways.

During the Banquet for Life Fundraiser, the medical students served appetizers and dinner, helped people find their seats and cleaned up at the end of the night.

On March 29 during the first KYCOM Cares Day, several members of ACOOG worked to beautify the entrance of APCC.

The students planted new tulips and daffodils and put down new landscaping rocks in the flower bed just in time for spring!

It is always a pleasure to volunteer for APCC which does such a wonderful job of educating women and helping pregnant women in the community.

Letcher Couple Wins APCC Quilt

"All quilts are unique even though they are made from a pattern. When you give a quilt you made for someone's comfort, that person may also be able to feel the comfort of Christ," Lois Huizar said when she talked about why she chose to donate some of her quilts to APCC.

Eddie and Paula Lowe from Letcher County are the proud owners of this beautiful handmade quilt. The quilt was donated by Lois as a fundraiser. Lois has enjoyed an active quilt ministry for the past two years.

She belongs to two quilting groups in Cloud, Oklahoma, where she presently lives.

Last year some of her quilts went to Bulgaria.

APCC would like to congratulate Eddie and Paula Lowe on winning the beautiful quilt and thank Lois for covering us with her love.



Paula and Eddie Lowe

Our Mission

The Appalachian Pregnancy Care Center exists to affirm the value of life by providing a network of care to those experiencing a pregnancy-related crisis and by compassionately presenting Biblical truth resulting in changed lives to the glory of God.

Our Vision

The Appalachian Pregnancy Care Center strives to provide Christ-like compassionate support to families experiencing crisis

Our Services

All services are **FREE**.

They include:

- Pregnancy Testing
- Earn While You Learn
- Baby/Maternity Resources
- Abstinence Education
- Abortion Recovery
- Adoption Education
- Bible Studies
- Counseling
 - ~Healthy Marriage
 - ~Healthy Pregnancy
 - ~Fatherhood
 - ~Parenting
- Community Referrals
- Community Presentations
- And **MUCH, MUCH MORE!**

Our Hours

Tuesday -Thursday
10 a.m. to 4 p.m.

Friday
10 a.m. to 8 p.m.

Contact Us

PHONE
(606) 433-0700

EMAIL
apcc@setel.
com

WEB
appalachianpregnancycenter.com

Thank You MOPS!

Mothers of Preschoolers (MOPS) is a group of mothers that include moms from the time of pregnancy until their child graduates from kindergarten. MOPS is an international organization with a local chapter in Pikeville. The chapter meets on the second Wednesday of every month at First Baptist Church of Pikeville from 9:30 a.m. -11:30 a.m. for fellowship, breakfast, video clips/speakers, and crafts. There is free childcare during the meeting. The other weeks of the month, MOPS meet for play dates and to work on service projects. APCC was the September service project! MOPS showered APCC with items for layettes. Each family individually shopped for items they wanted to donate and presented the items to Director Kay Hammond, displaying a tangible way to show children we can serve God by serving others. Pictured are: Back Row — Emma Icon, Ava Hamilton, Abby Lawson, Tristan Corbin, Abby Woofer, Isaiah Lowe, Coleman Howard; Front Row — Emily Howard, Lindsay Norman, Kenly Crum, Scott D Corbin, Cohen Fuller. Leah Icon, also a member, is not pictured.



Empowering Single Mothers

APCC Director Kay Hammond and Samantha Rogers of the Pikeville Scholar House gave a presentation at the 15th Annual Women's Big Sandy Business Symposium on Feb. 25. The focus of the session, "Empowering Single Mothers to Pursue Higher Education," was to build awareness of the Appalachian Pregnancy Care Center and Scholar House of Central Appalachia. The session fostered leadership development and growth of high school and college moms while providing role models through conversations and exposure to a diverse group of young women.

Hammond and Rogers have years of experience of service to their community promoting education and leadership programs throughout Appalachia.

APCC Welcomes New Volunteer



Kim Atchley and her husband Dr. Dan Atchley recently moved to Pikeville from Arkansas.

Dr. Atchley will fill a position with the Kentucky College of Osteopathic Medicine. Kim will be the new ICEA childbirth educator, PALS doula, and lactation advisor for the Appalachian Pregnancy Care Center.

"I see my ability to educate/assist new mothers and their supporters as a gift from God," she said. "I believe every new life is precious and that it is very important to nurture the mother of that life through pregnancy, birth and her new role as a parent," stated Kim.

APCC is so excited to have Kim as one of our volunteers.

Welcome aboard Kim!!!



How You Can Help

Pray

Send a one-time gift

Become a monthly supporter

Volunteer

(There are counseling, clerical duties, Bundle of Joy workers and many other opportunities to serve.)



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P.O. Box 131-Pikeville, KY 41501

**US Postage Paid
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Pikeville, KY 41501**

Thank you for caring about these precious children....



APCC Motto:

"Before I formed you in the womb, I knew you; Before you were born, I set you apart."

Jeremiah 1: 4-5